



**SOCIAL SKILLS GROUPS  
FOR MIDDLE SCHOOL BOYS – AGES 11-14  
UW HEALTH-PSYCHIATRY  
6001 RESEARCH PARK BLVD  
MADISON WI 53719**

**Group Leader:**

Jason Horowitz, PhD

**Group Day/Time:**

Tuesdays, 3:30-5:00pm

**Group Description:**

Appropriate referrals are boys between the ages of 11 and 14 whose primary difficulties come in the social domain. They may be awkward, shy, or inappropriate with peers, and they are likely to be the targets of bullying. They are likely to benefit more from group therapy than individual therapy because of the opportunity to work on social interactions in a safe, coached environment.

## **Inclusion Criteria:**

- Common diagnoses for these kids include Anxiety Not Otherwise Specified, Depression Not Otherwise Specified, and Adjustment Disorders, although others would also be acceptable

## **Exclusion Criteria:**

- Major mental illnesses that require individual therapy such as Major Depression or Autism Spectrum Disorders. Basic social skills groups for children on the autism spectrum are available elsewhere in the community.

If you have patients who would benefit from this group, please send the names with a brief description to Jason Horowitz. He will follow up with you to learn a little more about them, and will also send information to the families.

## **Instructor**



## **Jason Horowitz, PhD**

Dr. Jason Horowitz practices psychology with UW Health in Madison, Wisconsin. Dr. Horowitz earned his Ph.D. at Vanderbilt University in Nashville, Tennessee and completed a fellowship at the University of

Minnesota. As a staff psychologist, Dr. Horowitz is interested in depression, anxiety, behavioral disorders, and prevention of mental health problems.

Providers: *To refer a teen to this group – please send a Re: Patient message via Epic*