



**SOCIAL SKILLS GROUPS  
FOR BOYS AND GIRLS AGES 8-10  
UW HEALTH-PSYCHIATRY  
6001 RESEARCH PARK BLVD  
MADISON WI 53719**

**Group Leader:**

Liz Bartholomew, LCSW

**Group Day/Time:**

Thursdays, 3:30-5:00pm

**Group Description:**

The goal of this group is to improve a child's ability to make and keep friends, decrease peer rejection, and to improve problem solving skills and conversational skills that are the key to building positive interpersonal relationships. This is a 10-week group. We will be using Children's Friendship Training, an evidence-based curriculum, developed by Fred Frankel and Bob Myatt. There will be no more than 10-12 children per group. Parental involvement is also expected and there will be time given at each group to meet with parents to review skills/strategies learned and homework assignments given.

## **Inclusion Criteria:**

- We welcome all 8-10 year olds who struggle with social skills and developing and maintaining positive friendships

## **Exclusion Criteria:**

- Children with a diagnosis of Autism

## **Instructor**



## **Liz Bartholomew, LCSW**

Liz has a strong interest in working with children and adolescents with anxiety, depression, adjustment issues and parent-child relational difficulties. Liz is also interested in helping elementary- and middle school-aged students improve their social problem solving and friendship skills. She runs social skills groups for elementary school aged boys and girls and employs a variety of evidence-based therapies in her practice.

Providers: *To refer a teen to this group – please send a Re: Patient message via Epic*