



## MRI: Day of Scan

The study you will be participating in involves magnetic resonance imaging (MRI). MRI makes use of strong magnetic fields and safety precautions need to be observed. It is important not to wear any metal or metallic objects during the study. Metallic objects brought into the MRI environment can be attracted to the magnet. Therefore, we ask that you not wear any of the following items during your participation. You may wear these items up until we begin the study, but you will then have to remove them.

- Earrings or other piercing jewelry
- Neck chains or similar jewelry
- Watches, bracelets or similar wrist jewelry
- Bobby pins or hair clips
- Hair extensions or hair weaves
- Glasses (You should wear contact lenses if possible)
- Removable orthodontic appliances
- Shoes with steel toes or shanks
- Clothing with metal filament (see details below)
- Eye shadow or mascara (These products frequently have a metallic base)
- Magnetic Eyelashes
- Nail polish with glitter

Items such as belts, wallets, watches, and keys and any of the above items will need to be removed.

Please wear comfortable clothing. Loose fitting cotton or linen are best. Ideally clothing items will not have metallic fasteners, hooks, zippers, loose metallic components or metallic threads.

Clothing materials that are not recommended:

- Any compression gear
- Tight fitting spandex clothing
- Clothing with unusual metal embellishments
- Hooded sweatshirts, can be uncomfortable under the neck

## Prohibited clothing brands:

- Athleta
- Juzo USA
- Columbia
- Omniheat
- Lululemon
- Under Armour
- Tommy Copper
- Duluth Trading Co.
- Copper Fit

Many of these brands have metal antimicrobial fibers woven into their products that may create burns. To prevent this, do not wear these clothing brands into the MRI. If worn, you may be asked to change into scrubs. If you have questions, please feel free to contact your study coordinator.