

Curriculum Vitae

Claudia L. Reardon, M.D.

BACKGROUND INFORMATION

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FORMAL EDUCATION

1998-2001	Bachelor of Science in Zoology (<i>Academic Distinction</i>), University of Wisconsin, Madison, WI.
2002-2006	Medical Doctor (<i>Alpha Omega Alpha</i>), University of Wisconsin School of Medicine and Public Health, Madison, WI.
2006-2010	Psychiatry Residency Program, University of Wisconsin School of Medicine and Public Health, Madison, WI.
2007-	Physician and Surgeon License, Wisconsin
2009-2010	Co-Chief Resident. Psychiatry Residency Program, University of Wisconsin School of Medicine and Public Health, Madison, WI.
2011-	Diplomate in Psychiatry, American Board of Psychiatry and Neurology
2019	International Society for Sports Psychiatry Certificate of Additional Training in Sports Psychiatry

CURRENT POSITIONS

2021-	Professor. Department of Psychiatry, University of Wisconsin School of Medicine and Public Health, Madison, WI.
2015-	Staff Psychiatrist and Consulting Sports Psychiatrist to University of Wisconsin Intercollegiate Athletics. University Health Services. University of Wisconsin, Madison, WI.
2010-	Medical Staff. University of Wisconsin Hospital and Clinics, Madison, WI.
2010-	Consulting Physician. William S. Middleton Memorial Veterans Hospital, Madison, WI.

PAST POSITIONS

- 2021-2022 United States Open Tennis Championships Mental Health Consultant. New York, NY.
- 2021 Fédération Internationale de Football Association Mental Health Consultant. Zurich, Switzerland.
- 2016-2021 Associate Professor. Department of Psychiatry, University of Wisconsin School of Medicine and Public Health, Madison, WI.
- 2010-2016 Assistant Professor. Department of Psychiatry, University of Wisconsin School of Medicine and Public Health, Madison, WI.
- 2010-2015 Associate Residency Training Director. Department of Psychiatry, University of Wisconsin School of Medicine and Public Health, Madison, WI.
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HONORS AND AWARDS

- 2024 American Association of Directors of Psychiatric Residency Training Model Curriculum Award
Quality improvement for psychiatry residents
- 2022 Pediatric Research in Sports Medicine Society 2022 Hank Chamber Award for Best Scientific Presentation
The impact of sport participation on the health of adolescents during the COVID-19 pandemic
- 2022 University of Wisconsin School of Medicine and Public Health Department of Orthopedics and Rehabilitation Freedom of Movement Fund Award (Watson D, Walczak B, Brooks MA, Davidson R, **Reardon C**)
- 2022 Election to Distinguished Fellow status, American Psychiatric Association
- 2021 Wisconsin Medical Society Meritorious Service Award
- 2021 Pediatric Research in Sports Medicine Society 2021 Hank Chamber Award for Best Scientific Presentation
The impact of COVID-19 related school closures and sport cancellations on the health of adolescent athletes
- 2019 “Most Likely to Have a Positive Impact on our UWSMPH Community” Award, University of Wisconsin School of Medicine and Public Health Medical Education Day Poster Symposium Competition
- 2019 American Association of Directors of Psychiatric Residency Training Model Curriculum Award
Sports Psychiatry: A Portable, Didactic Curriculum
- 2018 Invited sole psychiatrist representative from the American Psychiatric Association to the National Collegiate Athletic Association (NCAA) Sport Science Institute “Pain Management in College Athletes” summit, NCAA National Office, Indianapolis, IN, July 2018
- 2017- International Olympic Committee. Invited Co-Chair, International Work Group on Mental Health in Elite Athletes
- 2017 University of Wisconsin Hospital and Clinics Graduate Medical Education Best Practices Distinction, Quality Improvement Curriculum
- 2016 First Place (“Most Promising Research”), Wisconsin Medical Society Innovations in Health Care Quality Improvement and Research Forum Poster Competition

- 2015 University of Wisconsin School of Medicine and Public Health Gold Humanism Honor Society (1 of 2 faculty inductees for 2015 to this Chapter)
- 2015 American College of Psychiatrists 2015 Award for Creativity in Psychiatric Education (given in recognition of one psychiatry curriculum annually, here for the University of Wisconsin Quality Improvement Curriculum for Psychiatry Residents)
- 2014 University of Wisconsin Hospital and Clinics Rising Star Excellence Award
- 2014 Election to the American College of Psychiatrists (psychiatric honor society)
- 2014 Election to Fellow status, American Psychiatric Association
- 2013 First Place, Association for Academic Psychiatry Annual Meeting Poster Competition
- 2013 American Association of Directors of Psychiatric Residency Training Model Curriculum Award
Quality improvement for psychiatry residents
- 2012 Association for Academic Psychiatry Junior Faculty Development Award
- 2012 Wisconsin Medical Society Foundation's 2012 Kenneth M. Viste, Jr., MD Young Physician Leadership Award
- 2012 University of Wisconsin School of Medicine and Public Health MEDiC Community Clinic Volunteer of the Year Award
- 2011 University of Wisconsin Department of Psychiatry Faculty Outpatient Teacher of the Year Award
- 2011 World Psychiatric Association Fellowship (one early career psychiatrist nominated by each WPA member country for consideration for this Fellowship)
- 2011 Accreditation Council for Graduate Medical Education David C. Leach, MD Award for contributions to graduate medical education
- 2008-2010 American Psychiatric Association/GlaxoSmithKline Leadership Fellowship
- 2010-2011 Association of Women Psychiatrists Fellowship
- 2009, 2010 University of Wisconsin Department of Psychiatry Resident Award for Academic Excellence
- 2008 AMA National Foundation Leadership Award
- 2008, 2010 University of Wisconsin School of Medicine and Public Health Outstanding Psychiatry Resident Teaching Award
- 2006 Alpha Omega Alpha
- 2006 Glasgow-Rubin Citation for Academic Achievement (top 10% of graduating medical school class)
- 2006 Compassion in Action National Community Health Award
- 2006 Grace M. Parker Psychiatry Leadership Scholarship
- 2005 Lynn D. Eggman Memorial Award for Work with Children and their Families

2005	University League Endowed Scholarship
2004	Shapiro Research Excellence Award
2003	Peter and Emily Lound Family Leadership Scholarship for the Outstanding Medical Scholars Alumnus
2001	University of Wisconsin Graduation with Academic Distinction
1998-2001	University of Wisconsin Medical Scholars Program
2000	Arno R. Meyers Research Scholarship

PROFESSIONAL SOCIETY MEMBERSHIPS AND ACTIVITIES

2002-	<p>American Medical Association <i>Elected Psychiatry Delegate to the House of Delegates, 2017-2019</i> <i>Elected Wisconsin Alternate Delegate to the House of Delegates, 2011-2016</i> <i>Elected Vice Chair, Wisconsin Delegation to the American Medical Association, 2016</i> <i>Elected Women Physicians Section (WPS) Governing Council, 2010-2014</i> <i>WPS Policy Committee, 2018-</i> <i>WPS Handbook Review Committee, 2014-</i> <i>Elected WPS Immediate Past Chair, 2013-2014</i> <i>Elected WPS Chair, 2011-2012, 2012-2013</i> <i>Annual Meeting Continuing Medical Education Sub-Committee, 2011, 2012</i> <i>Interim Meeting Continuing Medical Education Sub-Committee, 2011, 2012</i> <i>AMA North Central Medical Conference</i> <i>Elected Handbook Review Committee Chair, 2010, 2012, 2015</i> <i>AMA Representative on the World Medical Association HPV Policy Work Group, 2012-2013</i> <i>American Medical Foundation Leadership Awards Selection Committee, 2010, 2011</i> <i>Elected Wisconsin Delegate to the Young Physicians Section (YPS) Assembly, 2010-2011, 2013-2014</i> <i>YPS Handbook Review Committee, 2011-2014</i> <i>YPS Handbook Review Committee Chair, 2014</i> <i>House of Delegates Assistant Teller, 2013</i> <i>American Medical Foundation Joan F. Giambalvo Award Selection Committee, 2011</i> <i>AMA Research Symposium Judge, 2011</i> <i>Elected Resident/Fellow Section (RFS) Vice Speaker, 2009-2010</i> <i>Elected RFS Sectional Delegate to the House of Delegates, 2009-2010</i> <i>Elected Wisconsin Delegate to the RFS Assembly, 2007-2010</i> <i>Elected RFS Legislative Advocacy Committee, 2008-2009</i> <i>RFS Rules Committee Chair, 2009</i> <i>RFS Reference Committee Chair, 2008</i> <i>Elected RFS Hospitality Committee, 2007</i></p>
2002-	<p>Wisconsin Medical Society <i>Council on Legislation, 2008-</i> <i>Membership Committee, 2010-2018</i> <i>Constitution and Bylaws/Membership Subcommittee, 2013-2016</i> <i>Nominating Committee, 2010-2015</i> <i>Women's Caucus Planning Committee, 2015-</i> <i>Chair, 2015</i> <i>House of Delegates Reference Committee, 2013</i> <i>Wisconsin Health Information Organization Workgroup, 2010-2012</i> <i>Elected Board of Directors, 2008-2009, 2009-2010, 2015-2021</i></p>

- Rules Committee, 2017-
CEO Search Committee, 2017, 2022
Elected RFS Chair, 2009-2010
Credentials Committee Vice-Chair, 2009
Elected RFS Delegate to Wisconsin Medical Society House of Delegates, 2008*
- 2002- Wisconsin Medical Society Foundation
*Elected Board of Trustees, 2013-
Elected Emeritus Member, 2021-
Elected President, 2016-2021
Elected Vice President, 2015-2016
Elected Executive Committee, 2015-2021
Elected Chair, 2016-2021
Elected Student Support Committee, 2013-
Elected Chair, 2014-
Nominating Committee, 2016-
Executive Director Search Committee, 2019-2020
Chair, 2019-2020*
- 2002- Dane County Medical Society
*Elected Board of Directors, 2009-2014
Elected Immediate Past President, 2013-2014
Elected President, 2012-2013
Elected President-Elect, 2011-2012
Elected Secretary/Treasurer, 2010-2011
Elected Dane County Medical Society Delegate to the Wisconsin Medical Society House of Delegates, 2009-*
- 2003- American Psychiatric Association
*American Psychiatric Association (APA) Sports Psychiatry Member Expert, 2009-
Council on Communications, 2010-2013
APA Healthy Minds National Blogger, 2010-
Invited Work Group on Health Reform and Parity, 2011-2013
Medical Director/CEO Search Committee, 2012-2013
Elected APA Assembly Deputy Representative, 2011-2013
Council on Advocacy and Government Relations, Fellow Member, 2009-2010
Committee on Women, Fellow Member, 2008-2009
American Psychiatric Association/GlaxoSmithKline Leadership Fellow, 2008-2010*
- 2003- Wisconsin Psychiatric Association
*Elected Executive Council, 2007-2013
Legislative Committee, 2008-2013
Access Sub-Committee, 2009-2011
Annual Meeting Chair, 2010, 2011
Wisconsin Psychiatric Association Women's Luncheon Co-Chair, 2008*
- 2005- American Association of Community Psychiatrists
- 2008- International Society for Sports Psychiatry
*Elected Board of Directors, 2010-2020
Elected Secretary, 2010-2020
Elected Vice President, 2014-2016
Education Committee, 2017-
Founder and Chair, 2017-
Scientific Committee, 2018-*
- 2009- Association of Women Psychiatrists
AWP Fellowship Award Selection Committee, 2011

- 2010-2016 American Association of Directors of Psychiatric Residency Training
Elected *Region IV Representative*, 2010-2013
Neuroscience Curriculum Task Force, 2010-2013
Hand-offs Task Force, 2011-2013
Milestones Assessment Task Force, 2013-2014
Integrated Care Task Force, 2013-2015
Chair, 2013-2015
Annual Meeting New Training Director Breakout Group Leader, 2014-2015
- 2010- Association for Academic Psychiatry
- 2011- Wisconsin Interscholastic Athletic Association
Sports Medicine Advisory Committee, 2011-
- 2011- World Psychiatric Association
Section on Education in Psychiatry, 2011-
Section on Exercise, Psychiatry, and Sports, 2011-
Section on Quality Assurance in Psychiatry, 2011-
Section on Women's Mental Health, 2011-
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GRANT SUPPORT

Current

- 2020-2024 University of Wisconsin School of Medicine and Public Health Wisconsin Partnership Program Transforming Medical Education Quality Improvement Thread Grant
Year of award: 2020-2024
Source: UWSMPH
PI: Shobhi Chheda, MD
Role: University of Wisconsin School of Medicine and Public Health Medical Student Quality Improvement Coach [5% total effort]

Major Past Awards

- 2013-2016 University of Wisconsin School of Medicine and Public Health Transforming Medical Education 2.0 Advocacy Thread Grant
Year of award: 2013-2016
Source: UWSMPH
PI: Christie Seibert, MD
Role : Developed advocacy curriculum for medical students.
Physician Lead, 2015-2016 [13.5% total effort]
- 2011-2012 University of Wisconsin School of Medicine and Public Health Public Health Selective Grant
Year of award: 2011-2012
Source : UWSMPH
PI: Christie Seibert, MD
Role: Developed Public Health Advocacy and Service in Psychiatry elective for medical students [10% total effort]
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PUBLICATIONS

Peer-Reviewed Publications

- 2004 Gern JE, **Reardon CL**, Hoffjan S, Nicolae D, Li Z, Roberg KA, Neaville WA, Carlson-Dakes K, Adler K, Hamilton R, Anderson E, Gilbertson-White S, Tisler C, DaSilva D,

- Anklam K, Mikus LD, Rosenthal LA, Ober C, Gangnon R, Lemanske RF Jr. Effects of dog ownership and genotype on immune development and atopy in infancy. *J Allergy Clin Immunol* 2004;113(2):307-314.
- 2008 **Reardon CL** and Factor RM. Bizarre behavior in a patient treated with prazosin for PTSD symptoms. *Am J Psychiatry* 2008;165(6):774-775.
- 2008 Bufford JD, **Reardon CL**, Li Z, Roberg KA, DaSilva D, Eggleston PA, Liu AH, Milton D, Alwis U, Gangnon R, Lemanske RF, Gern JE. Effects of dog ownership in early childhood on immune development and atopic diseases. *Clin Exp Allergy* 2008;38(10):1635-1643.
- 2009 **Reardon CL**. Healthcare advocacy: together we are stronger. *Am J Psychiatry Residents' Journal* 2009; 4 (5).
- 2009 **Reardon CL**. Women, exercise, and sports: a review of psychiatric factors. *Am J Psychiatry Residents' Journal* 2009; 4 (9).
- 2010 **Reardon CL**. Family psychoeducation: how do we teach patients and families? *Am J Psychiatry Residents' Journal* 2010;5(1).
- 2010 Alsuwaidan M, Burpee S, Coffey MJ, Pope K, **Reardon CL**. Show me the money!: sustainable funding for education in psychiatry. *Am J Psychiatry Residents' Journal* 2010;5(1).
- 2010 **Reardon CL** and Eichelman BS. Uncooperative and manic. *Curr Psychiatr* 2010;9(8).
- 2010 **Reardon CL** and Factor RM. Sport psychiatry: a systematic review of diagnosis and medical treatment of mental illness in athletes. *Sports Med* 2010;40(11):1-20.
- 2010 Glick ID, Morse E, **Reardon CL**, Newmark T. Sport psychiatry: a new frontier in a challenging world. *Die Psychiatrie* 2010;7:249-53.
- 2011 **Reardon CL**, Ogrinc G, and Walaszek A. A didactic and experiential quality improvement curriculum for psychiatry residents. *J Grad Med Educ* 2011;3(4):562-5.
- 2012 **Reardon CL** and Walaszek A. Neurology curricula for psychiatry residents: A review of the literature and survey of program directors. *Acad Psychiatr* 2012;36(2):110-3.
- 2012 Glick ID, Stillman MA, **Reardon CL**, Ritvo EC. Managing psychiatric issues in elite athletes. *J Clin Psychiatry* 2012;73(5):640-4.
- 2012 Walaszek A and **Reardon CL**. More about the future of psychiatry education. Letter to the editor. *Acad Med* 2012;87(11):1455.
- 2013 **Reardon CL**, Dottl S, and Krahn D. Psychiatry student interest groups: what they are, and what they could be. *Acad Psychiatr* 2013;37(3):175-178.
- 2013 Zeidler Schreiter E, Fondow M, Pandhi N, Thomas C, Vonk J, **Reardon CL**, Serrano N. Consulting psychiatry within an integrated primary care model. *J Health Care Poor Underserved* 2013;24(4):1522-1530.
- 2014 **Reardon CL**, Factor RM, Brenner C, Singh P, Spurgeon J. Community psychiatry tracks for residents: A review of four programs. *Community Ment Health J*. 2014;50(1):10-16.
- 2014 Benjamin S, Travis M, Dickee C, Cooper J, **Reardon C**. Neuropsychiatry and neuroscience education of psychiatry trainees: attitudes and barriers. *Acad Psychiatr* 2014;38(2) :135-140.

- 2014 **Reardon CL**, May M, Williams KS. Psychiatry resident outpatient clinic supervision: how training directors are balancing patient care, education, and reimbursement. *Academic Psychiatry*. *Acad Psychiatr* 2014;38(4):476-480.
- 2014 **Reardon CL** and Creado S. Drug abuse in athletes. *Substance Abuse and Rehabilitation* 2014;5:95-105.
- 2015 Arbuckle M, **Reardon CL**, Young JQ. Residency training in handoffs: A Survey of program directors in psychiatry. *Academic Psychiatry* 2015;39(2):132-138.
- 2015 **Reardon CL**, Bentman A, Cowley DS, Dunaway K, Forstein M, Girgis C, Han J, Hung E, Jones J, Keeble T, McCarron RM, Varley CK. General and child and adolescent psychiatry resident training in integrated care: a survey of program directors. *Academic Psychiatry* 2015;39(4):442-447.
- 2016 **Reardon CL** and Factor RM. Considerations in the use of stimulants in sport. *Sports Med* 2016;46:611-617.
- 2016 **Reardon CL** and Behrens J. State licensing issues: controversy and compromise. Letter to the editor. *Acad Med* 2016;91(8):1037-1038.
- 2016 **Reardon CL**. The sports psychiatrist and psychiatric medication. *International Review of Psychiatry* 2016; 28(6): 606-613.
- 2016 Creado S and **Reardon C**. The sports psychiatrist and performance-enhancing drugs. *Int Rev Psychiatry* 2016;28(6):564-571.
- 2016 **Reardon CL** and Walaszek A. Residency patient safety curricula and American Board of Psychiatry and Neurology Patient Safety Courses. Letter to the editor. *Acad Psychiatr* 2016; 40(5): 861-862.
- 2016 **Reardon CL** and Creado S. Psychiatric medication preferences of sports psychiatrists. *Phys Sportsmed* 2016; 44(4): 397-402.
- 2017 **Reardon CL**, Davis S, Jacklitz J, Navsaria D, Pillai P, Schapiro R, Seibert C. Beyond the controversy about advocacy. Letter to the editor. *Acad Med* 2017; 92(4): 425.
- 2017 **Reardon CL**. Psychiatric comorbidities in sports. *Neurol Clin* 2017;35:537-546.
- 2018 **Reardon CL**, Creado S, Hafer R, Howell-Little E, Langheim FJP, Lee ER, McDonald JM, Peterson MJ, Walaszek A. A current for residents to develop successful quality improvement projects. *WMJ* 2018;117(2):79-82.
- 2019 Hainline B, **Reardon CL**. Breaking a taboo: why the International Olympic Committee convened experts to develop a consensus statement on mental health in elite athletes. *Br J Sports Med* 2019;53(11):665-666.
- 2019 **Reardon CL**, Hainline B, Aron CM, Baron D, Baum AL, Bindra A, Budgett R, Campriani N, Castaldelli-Maia JM, Currie A, Derevensky JL, Glick ID, Gorczyński P, Gouttebauge V, Grandner MA, Han DH, McDuff D, Mountjoy M, Polat A, Purcell R, Putukian M, Rice S, Sills A, Stull T, Swartz L, Zhu L, Engebretsen L. Mental health in elite athletes: International Olympic Committee consensus statement (2019). *Br J Sports Med* 2019;53(11):667-699.
- 2019 Rice SM, Gwyther K, Santesteban-Echarri O, Baron D, Gorczyński P, Gouttebauge V, **Reardon CL**, Hitchcock M, Hainline B, Purcell R. Determinants of anxiety in elite athletes: a systematic review and meta-analysis. *Br J Sports Med* 2019;53(11):722-730.

- 2019 Gouttebarga V, Castaldelli-Maia JM, Gorczynski P, Hainline B, Hitchcock M, Kerkhoffs G, Rice S, **Reardon CL**. Occurrence of mental health symptoms and disorders in current and former elite athletes: a systematic review and meta-analysis. *Br J Sports Med* 2019;53(11):700-706.
- 2019 Castaldelli-Maia J, de Mello e Gallinaro JG, Falcao RS, Gouttebarga V, Hitchcock ME, Hainline B, **Reardon CL**, Stull T. Mental health symptoms and disorders in elite athletes: a systematic review on cultural influencers and barriers to athletes seeking treatment. *Br J Sports Med* 2019;53(11):707-721.
- 2019 Stillman MA, Glick ID, McDuff D, **Reardon CL**, Hitchcock ME, Fitch V, Hainline B. Psychotherapy for mental health symptoms and disorders in elite athletes: a narrative review. *Br J Sports Med* 2019;53(12):767-771.
- 2019 Han DH, McDuff D, Thompson D, Hitchcock ME, **Reardon CL**, Hainline B. Attention-deficit/hyperactivity disorder in elite athletes: a narrative review. *Br J Sports Med* 2019;53(12):741-745.
- 2019 Currie A, Gorczynski P, Rice S, Purcell R, McAllister-Williams RH, Hitchcock ME, Hainline B, **Reardon CL**. Bipolar and psychotic disorders in elite athletes: a narrative review. *Br J Sports Med* 2019;53(12):746-753.
- 2019 Derevensky JL, McDuff D, **Reardon CL**, Hitchcock ME, Hainline B, Richard J. Problem gambling and associated mental health concerns in elite athletes: a narrative review. *Br J Sports Med* 2019;53(12):761-766.
- 2019 Currie A, McDuff D, Johnston A, Hopley P, Hitchcock ME, **Reardon CL**, Hainline B. Management of mental health emergencies in elite athletes: a narrative review. *Br J Sports Med* 2019;53(12):772-778.
- 2019 Swartz L, Hunt X, Bantjes J, Hainline B, **Reardon CL**. Mental health symptoms and disorders in Paralympic athletes: a narrative review. *Br J Sports Med* 2019;53(12):737-740.
- 2019 Aron CM, Harvey S, Hainline B, Hitchcock ME, **Reardon CL**. Post-traumatic stress disorder (PTSD) and other trauma-related mental disorders in elite athletes: a narrative review. *Br J Sports Med* 2019;53(12):779-784.
- 2019 McDuff D, Stull T, Castaldelli-Maia JM, Hitchcock ME, Hainline B, **Reardon CL**. Recreational and ergogenic substance use and substance use disorders in elite athletes: a narrative review. *Br J Sports Med* 2019;53(12):754-760.
- 2019 **Reardon CL**, Buhr KA, Factor RM, Walaszek A, Zeidler Schreiter E. Integrated care: should it count as community psychiatry training for psychiatry residents? *Community Ment Health J* 2019;55(8):1275-1278.
- 2020 **Reardon CL**, Hainline B, Aron CM, Baron D, Baum AL, Bindra A, Budgett R, Campriani N, Castaldelli-Maia JM, Currie A, Derevensky JL, Glick ID, Gorczynski P, Gouttebarga V, Grandner MA, Han DH, McDuff D, Mountjoy M, Polat A, Purcell R, Putukian M, Rice S, Sills A, Stull T, Swartz L, Zhu L, Engebretsen L. Infographic. Sleep disorders in athletes. *Br J Sports Med* 2020;54(3):188-189.
- 2020 **Reardon CL**, Hafer R, Langheim FJP, Lee ER, McDonald JM, Peterson MJ, Stevenson J, Walaszek A. A quality improvement curriculum for psychiatry residents. *MeEdPORTAL*. 2020;16:10870.
- 2020 Chang C, Putukian M, Aerni G, Diamond A, Hong G, Ingram Y, **Reardon CL**, Wolanin A. Mental health issues and psychological factors in athletes: detection, management,

- effect on performance and prevention: American Medical Society for Sports Medicine Position Statement. *Clin J Sport Med* 2020;30(2):e61-e87.
- 2020 Chang C, Putukian M, Aerni G, Diamond A, Hong G, Ingram Y, **Reardon CL**, Wolanin A. Mental health issues and psychological factors in athletes: detection, management, effect on performance and prevention: American Medical Society for Sports Medicine Position Statement—Executive Summary. *Br J Sports Med* 2020;54(4):216-220 and *Clin J Sports Med* 30(2):91-95 (joint publication).
- 2020 **Reardon CL**, Hainline B, Aron CM, Baron D, Baum AL, Bindra A, Budgett R, Campriani N, Castaldelli-Maia JM, Currie A, Derevensky JL, Glick ID, Gorczynski P, Gouttebauge V, Grandner MA, Han DH, McDuff D, Mountjoy M, Polat A, Purcell R, Putukian M, Rice S, Sills A, Stull T, Swartz L, Zhu L, Engebretsen L. Infographic. Mental health in elite athletes. An IOC consensus statement. *Br J Sports Med* 2020;54(1):49-50.
- 2020 **Reardon CL**. Psychiatric manifestations of sport-related concussion. *Curr Psychiatr* 2020;19(7):23-28.
- 2021 Gouttebauge V, Bindra A, Blauwet C, Campriani N, Currie A, Engebretsen L, Hainline B, Kroshus E, McDuff D, Mountjoy M, Purcell R, Putukian M, **Reardon CL**, Rice S, Budgett R. The International Olympic Committee Sport Mental Health Assessment Tool 1 (SMHAT-1) and Sport Mental Health Recognition Tool 1 (SMHRT-1) towards better support of athletes' mental health. *Br J Sports Med* 2021;55(1):30-37.
- 2021 McGuine TA, Biese KM, Petrovska L, Hetzel SJ, **Reardon C**, Kliethermes S, Bell DR, Brooks A, Watson AM. Mental health, physical activity, and quality of life of US adolescent athletes during COVID-19-related school closures and sport cancellations: a study of 13,000 athletes. *J Athl Train* 2021;56(1):11-19.
- 2021 **Reardon CL**, Bindra A, Blauwet C, Budgett R, Campriani N, Currie A, Gouttebauge V, McDuff D, Mountjoy M, Purcell R, Putukian M, Rice S, Hainline B. Mental health management of elite athletes during COVID-19: a narrative review and recommendations. *Br J Sports Med* 2021;55:608-615.
- 2021 McGuine TA, Biese KM, Petrovska L, Hetzel SJ, **Reardon C**, Kliethermes S, Bell DR, Brooks A, Watson AM. Changes in the health of adolescent athletes: a comparison of health measures collected before and during the CoVID-19 pandemic. *J Athl Train* 2021;56(8):836-844.
- 2021 Gorczynski P, Currie A, Gibson G, Gouttebauge V, Hainline B, Castaldelli-Maia JM, Mountjoy M, Purcell R, **Reardon CL**, Rice S, Swartz L. Developing mental health literacy and cultural competency in elite sport. *J Appl Sport Psychol* 2021;33(4):387-401.
- 2021 **Reardon CL**, Gorczynski P, Hainline B, Hitchcock M, Purcell R, Rice S, Walton C. Anxiety disorders in athletes: a clinical review. *Advances in Psychiatry and Behavioral Health* 2021;1:149-160
- 2021 Walton C, Hutter V, Purcell R, Rice S, Currie A, **Reardon CL**. The mental health of youth athletes: a clinical review. *Advances in Psychiatry and Behavioral Health* 2021;1:119-133.
- 2021 **Reardon CL**. The mental health of athletes: recreational to elite. *Curr Sports Med Rep* 2021;20(12):631-637.

- 2021 Daley M, **Reardon CL**. Bipolar disorder in athletes. *Curr Sports Med Rep* 2021;20(12):638-644.
- 2021 Currie A, Blauwet C, Bindra A, Budgett R, Campriani N, Hainline B, McDuff D, Mountjoy M, Purcell R, Putukian M, **Reardon CL**, Gouttebauge V. Athlete mental health—future directions. *Br J Sports Med* 2021;55(22):1243-1244.
- 2021 Bradley S, **Reardon CL**. Bipolar disorder and eating disorders in sport: a case of comorbidity and review of treatment principles in an elite athlete. *Phys Sportsmed* 2021;50(1):84-92.
- 2021 Glick ID, **Reardon CL**, Stull T. Sports psychiatry: an update and the emerging role of the sports psychiatrist on the sports medicine team. *Clin J Sports Med* 2021;32(1):1-2.
- 2022 McGuine T, Biese K, Hetzel S, Schwarz A, Kliethermes S, **Reardon CL**, Bell DR, Brooks MA, Watson AM. High school sports during the CoVID-19 pandemic: the effect of sport participation on the health of adolescents. *J Athl Train* 2022;57(1):51-58.
- 2022 McGuine TA, Biese KM, Petrovska L, Hetzel SJ, **Reardon C**, Kliethermes S, Bell DR, Brooks A, Watson AM. The health of US adolescent athletes during COVID-19 related school closures and sport cancellations. *J Athl Train* 2022; epub ahead of print. doi: 10.4085/478-20.
- 2022 Ager A, Bray M, Cacich M, Clark JS, Collison H, Dudfield O, Farello A, Frisoli P, Gatera G, Harrison S, Hermosilla S, Karorero D, Koyiet P, Latimer K, Mangen PO, Pelupessy DC, **Reardon CL**, Rosenbaum S, Snider L, Ugo V, Ukachukwu C, Vancampfort D, Ventevogel P, Warri A, Wessells M. Realising the cross-cutting potential of sport in situations of forced displacement. *BMJ Global Health* 2022;7:e008717.
- 2022 Gorczynski P, Aron CM, **Reardon CL**. Lesbian, gay, bisexual, trans, and queer mental health in elite sport: a review. *Advances in Psychiatry and Behavioral Health* 2022;2:9-16.
- 2022 Gouttebauge V, Bindra A, Drezner J, Mkumbuzi N, Patricios J, Rao A, Thornton JS, Watson A, **Reardon CL**. Minds matter: how COVID-19 highlighted a growing need to protect and promote athlete mental health. *Br J Sports Med* 2022; epub ahead of print. doi: 10.1136/bjsports-2022-106017.
- 2022 Reid C, Grant L, Jarvie G, Kerr G, Brockett C, Morris J, Banda D, Murray A, Almuhammad M, Tamminen K, **Reardon C**, Simpson K. Sport for mental health: A global strengths-based change system. Doha, Qatar: World Innovation Summit for Health, 2022. ISBN: 978-1-913991-28-9. Available at: <https://2022.wish.org.qa/wp-content/uploads/2022/09/QFJ9259-04-Sport-For-Mental-Health-WEB.pdf>.
- 2023 Watson A, Haraldsdottir K, Biese K, Schwarz A, Hetzel S, **Reardon C**, Brooks MA, Bell DR, McGuine T. Impact of COVID-19 on the physical activity, quality of life and mental health of adolescent athletes: a 2-year evaluation of over 17000 athletes. *Br J Sports Med* 2023;57(6):359-363.
- 2023 McGuine TA, Biese K, Hetzel S, **Reardon C**, Schwarz A, Brooks MA, Bell D, Watson A. A multiyear assessment of the effect of sport participation on the health of adolescent athletes during the Covid-19 pandemic. *J Athl Train* 2023;58(1):44-50.
- 2023 **Reardon CL**. The mental health crisis in sports: the perfect storm of contemporary factors. *J Athl Train* 2023;58(9):677-680

- 2023 **Reardon CL**, Benoy R, Hitchcock M. Eating disorders and disordered eating in athletes during times of transition: a narrative systematic review of the literature. *Advances in Psychiatry and Behavioral Health* 2023;3:57-68.
- 2023 Mountjoy M, Junge A, Bindra A, Blauwet C, Budgett R, Currie A, Engebretsen L, Hainline B, McDuff D, Purcell R, Putukian M, **Reardon CL**, Soligard T, Gouttebarga V. Surveillance of athlete mental health symptoms and disorders: a supplement to the International Olympic Committee's consensus statement on injury and illness surveillance. *Br J Sports Med* 2023;57(21):1351-1360.
- 2024 **Reardon CL**, Gorczynski P, Hainline B, Hitchcock M, Rice S. Anxiety disorders in athletes. *Clin Sports Med* 2024;43(1):33-52.
- 2024 Daley MM, **Reardon CL**. Mental health in the youth athlete. *Clin Sports Med* 2024;43(1):107-126.
- 2024 Gorczynski P, Aron CM, Moore M, **Reardon CL**. The epidemiology of mental health symptoms and disorders amongst elite athletes and the evolution of mental health literacy. *Clin Sports Med* 2024;43(1):1-11.
- 2024 Benoy R, Rameriz C, **Reardon C**, Hitchcock M. Cannabis use in adolescent and young adult athletes: a clinical review. *Sports Health* 2024; epub ahead of print. doi: 10.1177/19417381231208661.
- 2024 Fontana RS, Nevels B, **Reardon CL**. Creating a longitudinal sports psychiatry rotation for senior psychiatry residents and fellows. *Advances in Psychiatry and Behavioral Health*. In press.
- 2024 Biese KM, Haraldsdottir K, McGuine T, Watson A, **Reardon CL**. The influence of race, socioeconomic status, and physical activity on the mental health benefits of sport participation during COVID-19. *Sports Health*. In press.
- 2024 **Reardon CL**, Duininck M, Hitchcock M, Oseni D, Partington S. Mental health in track and field (athletics). *Aspetar Sports Medicine Journal*. In press.
- 2024 **Reardon CL**, Ackerman J, Hitchcock M. Mental health in individual versus team sports. *International Review of Psychiatry*. In press.

Non-Peer Reviewed Articles

- 2009 Burpee S, Campbell J, Jacobson S, Mangurian C, Mishra A, Olarte S, Preminger M, **Reardon CL**, Robinson G, Varma S, Vincent K. APA position statement on reproductive rights.
- 2010 Screening, referral and treatment for adult attention deficit and hyperactivity disorder (ADHD) in a primary care setting. *UW Health Treatment Guidelines*.
- 2010 **Reardon CL**. Which medicines and when? The collaborative process of finding the right medicines. *NAMI Wisconsin Newsletter*. 2010
- 2011 **Reardon CL**. The gender gap in the psychiatry literature. *Newsletter of the Association of Women Psychiatrists* 2011; 29 (3).
- 2011 **Reardon CL**. Strategies for consumers to learn more about their medications. *NAMI Wisconsin Newsletter*. 2011.
- 2012 **Reardon CL**. The silent wounds of war. *NAMI Wisconsin Newsletter*. 2012
- 2012 **Reardon CL**. Exercise to treat depression. *NAMI Wisconsin Newsletter*. 2012.

- 2011-2013 **Reardon CL** and Halverson J. Screening for cognitive impairment. *eMedicine Clinical Procedures*. Updated 2013.
- 2015 Summers RF, Dube B, Cowley D, Kroeger K, Kuttner J, Moeller K, Rapaport M, **Reardon C**, Summers R, Verduin M, Young J, Young M. Training psychiatrists for integrated behavioral health care: a report by the American Psychiatric Association Council on Medical Education and Lifelong Learning.
- 2015 What's it like to be in psychiatry? Shadowing Dr. Reardon. *American Medical Association Wire*. 29 September 2015.
- 2016 **Reardon CL**. Psychiatry and sports. In: *Chicken Soup for the Medical Student Soul*. University of Wisconsin School of Medicine and Public Health Gold Humanism Honor Society.
- 2016 **Reardon CL**. Neurology didactic curriculum for psychiatry residents. Invited guest author: Delaware Psychiatry Residency Program Resident Journal.
- 2020 **Reardon CL**. Paraphilic Disorders. *Medscape Drugs & Diseases*. Available at: <http://emedicine.medscape.com/article/291419>.
- 2020 **Reardon CL**. COVID-19 and mental health for high school athletes. Informational handbook. Wisconsin Interscholastic Athletic Association. April 2020.
- 2020 **Reardon CL**. Mental health guidance for XFL athletes during COVID-19. Informational handbook. XFL Professional Football League. April 2020.
- 2021 **Reardon CL**. Ganser Syndrome. *Medscape Drugs & Diseases*. Available at: <http://emedicine.medscape.com/article/291419>.
- 2022 **Reardon CL**. Star athlete with a blinking fixation struggling in college. *Medscape Case Challenges*. Available at: <https://reference.medscape.com/viewarticle/964990>
- 2022 Reardon CL. A 22-year-old female college athlete with wild mood swings. *Medscape Case Challenges*. Available at: <https://reference.medscape.com/viewarticle/975378>
- 2022 Watson D, **Reardon CL**. Ongoing research highlights the benefits of youth sports for mental health during COVID-19. *AAP News: Official newsmagazine of the AAP*. February 2022.

Monographs or Books

- 2013 Clinical Sports Psychiatry: An International Perspective. Baron DA, **Reardon CL**, Baron SH, eds. United Kingdom: Wiley. 2013.
- 2022 Mental Health Care for Elite Athletes. **Reardon CL**, ed. Springer Nature. 2022.

Chapters in Books

- 2013 **Reardon CL**, Factor RM. The use of psychiatric medications by athletes. In: Baron DA, Reardon CL, Baron SH, eds. *Clinical Sports Psychiatry: An International Perspective*. United Kingdom: Wiley, 2013.
- 2013 **Reardon CL**, Baron DA, Baron SH, Coskun B, Cakir U. The role of culture in sport. In: Baron DA, Reardon CL, Baron SH, eds. *Clinical Sports Psychiatry: An International Perspective*. United Kingdom: Wiley, 2013.

- 2013 Baron DA, **Reardon CL**, Baron SH. Doping in sport. In: Baron DA, Reardon CL, Baron SH, eds. *Clinical Sports Psychiatry: An International Perspective*. United Kingdom: Wiley, 2013.
- 2013 Baron DA, DeFranco J, **Reardon CL**, Baron SH. Concussion in sports. In: Baron DA, Reardon CL, Baron SH, eds. *Clinical Sports Psychiatry: An International Perspective*. United Kingdom: Wiley, 2013.
- 2013 Glick ID, Newmark T, **Reardon CL**. Sports psychiatry: current status and challenges. In: Baron DA, Reardon CL, Baron SH, eds. *Clinical Sports Psychiatry: An International Perspective*. United Kingdom: Wiley, 2013.
- 2014 **Reardon CL**. Sport psychiatry. In: Eklund RC and Tenenbaum G, eds. *Encyclopedia of Sport and Exercise Psychology*. Thousand Oaks, CA: SAGE Publications, Inc, 2014.
- 2015 Battaglia J, Walaszek A, **Reardon C**. Partnering in mental health: The Program of Assertive Community Treatment and the University of Wisconsin Psychiatry Residency. In: Roberts L and Reicherter D, eds. *Partnering for Mental Health : A Guide to Community and Academic Collaboration*. Springer, 2015. Pp. 89-100.
- 2018 **Reardon CL**. Sports psychiatry and the sport of running. In: Glick I, Kamis D, Stull T, eds. *The International Society for Sports Psychiatry Manual of Sports Psychiatry*. New York: Routledge, 2018.
- 2018 Glick ID, Brodwin D, **Reardon CL**. The culture of sports: global issues and challenges. In: Glick I, Kamis D, Stull T, eds. *The International Society for Sports Psychiatry Manual of Sports Psychiatry*. New York: Routledge Press, 2018.
- 2020 **Reardon CL**. Managing psychiatric disorders in athletes. In: Hong ES and Rao A, eds. *Mental Health in the Athlete : Modern Perspectives and Novel Challenges for the Sports Medicine Provider*. Springer. Switzerland: Springer Nature, 2020.
- 2021 **Reardon CL**, Vu V. Pharmacotherapy in the treatment of athletes. In: Marks DR, Wolanin AT, Shortway KM, eds. *Routledge Handbook of Clinical Sport Psychology*. Taylor and Francis. 2021.
- 2021 Vu V, **Reardon C**. Best practices for pharmacotherapy in sport and performance contexts. In: Marks DR, Wolanin AT, Shortway KM, eds. *Routledge Handbook of Clinical Sport Psychology*. Taylor and Francis. 2021.
- 2021 **Reardon C**, Van Riet S. Lifestyle factors affecting athlete health and performance: substance misuse and nutrition. In: Gouttebauge V, Kerhoffs G, de Schutter M, eds. *The Secret Balance of Champions: Health Challenges in Elite Sport*. Future Medicine, Ltd. 2021.
- 2021 Gouttebauge V, **Reardon C**. Mental health symptoms. In: Gouttebauge V, Kerhoffs G, de Schutter M, eds. *The Secret Balance of Champions: Health Challenges in Elite Sport*. Future Medicine, Ltd. 2021.
- 2022 Coppel C, **Reardon CL**. The role of sport psychology and psychiatry. In : Madden CC, Putukian M, McCarty EC, Young CC, eds. *Netter's Sports Medicine*, 3rd Ed. Elsevier. 2022.
- 2022 **Reardon CL**. General approaches to management of mental health symptoms and disorders in elite athletes: pharmacological treatment. In: Reardon CL, ed. *Mental Health Care for Elite Athletes*. Springer Nature. 2022.

- 2022 Rice SM, Walton CC, Olive L, **Reardon CL**, Purcell R. Scope of the problem of mental health symptoms and disorders in elite athletes. In: Reardon CL, ed. *Mental Health Care for Elite Athletes*. Springer Nature. 2022.
- 2022 Purcell R, Walton CC, **Reardon CL**, Rice SM. Anxiety and related disorders. In: Reardon CL, ed. *Mental Health Care for Elite Athletes*. Springer Nature. 2022.
- 2023 **Reardon CL**, Benoy R. Addiction (drugs and gambling) disorders in athletes. In: Nixdorf I, Beckmann J, MacIntyre T, Nixdorf R, eds. *Routledge Handbook of Mental Health in Elite Sport*. Routledge Taylor & Francis Group. 2023.
- 2023 **Reardon CL**, Benoy R. Doping and drug misuse and its impact on athlete mental health. In: Nixdorf I, Beckmann J, MacIntyre T, Nixdorf R, eds. *Routledge Handbook of Mental Health in Elite Sport*. Routledge Taylor & Francis Group. 2023.
- 2023 Walton C, Purcell R, **Reardon CL**, Rice S. Anxiety in athletes. In: Nixdorf I, Beckmann J, MacIntyre T, Nixdorf R, eds. *Routledge Handbook of Mental Health in Elite Sport*. Routledge Taylor & Francis Group. 2023.
- 2023 Daley M, **Reardon CL**. Optimizing mental wellness through multi-disciplinary care. In: Christino MA, Pluhar EF, Micheli LJ, eds. *Psychological Considerations in the Young Athlete: a Multidisciplinary Approach*. Springer. 2023.
- 2023 Gorczynski P, Reardon CL, Aron CM. Mental health in golf. In: Hill D, Barker J, Steptoe K, eds. *The Psychology of Golf Performance under Pressure*. Routledge Taylor & Francis Group. 2023.
- 2023 Vu V, **Reardon CL**. Pharmacotherapy in sport. In: Baron D, ed. *Sports & Mental Health: Research to Everyday Practice*. Springer. 2023.
- 2024 Gorczynski P, Aron CM, **Reardon CL**. Psychosocial aspects of mental health in sport. In: Davis L, Jowett S, Keegan R, eds. *Social Psychology in Sport, 2nd Ed.* Human Kinetics.

Abstracts

- 2003 **Rock C**, Li Z, Roberg KA, Carlson-Dakes K, Tisler C, Dasilva D, Gangnon R, Lemanske RF, Gern JE. Effects of pet ownership on cytokine responses and allergen sensitization in infancy. *J Allergy Clin Immunol* 2003; 111 (2): A824.
- 2004 **Reardon CL**, Kohls J, Li Z, Roberg KA, Anderson E, Tisler C, Dasilva D, Gangnon R, Hiemke H, Liu AH, Eggleston PA, Lemanske RF Jr, Gern JE. Effects of environmental endotoxin and *Can f1* on interleukin-10 responses in infancy. *J Allergy Clin Immunol* 2004; 113 (2): A292.
- 2016 **Reardon CL**, Creado S, Hafer R, Howell-Little E, Langheim FJP, McDonald JM, Peterson MJ, Walaszek A. Developing successful resident quality improvement projects. *WMJ* 2016; 115(3):158-159.

INVITED RESEARCH PRESENTATIONS

Oral Presentations

National/International:

- 2003 **Rock CL**. Effects of pet ownership on cytokine responses and allergen sensitization in infancy. Oral research presentation. American Academy of Allergy, Asthma, and Immunology National Meeting. Denver, CO. March 2003.

- 2004 **Reardon CL.** Effects of environmental endotoxin and *Can fl* on interleukin-10 responses in infancy. Oral research presentation. American Academy of Allergy, Asthma, and Immunology National Meeting. San Francisco, CA. March 2004.
- 2006 **Reardon CL.** Lymphadenopathy, fever, rash, and hepatitis in a young woman. Oral research presentation. American College of Physicians National Meeting. Philadelphia, PA. April 2006.
- 2009 **Reardon CL (Workshop Chair),** Burpee S, Robinson G, Nadelson C, Malaspina D. Workshop: Breaking through a shatter-proof glass ceiling: What keeps women psychiatrists from reaching their leadership goals? American Psychiatric Association Annual Meeting. San Francisco, CA. May 2009.
- 2009 Alsuwaidan M, Burpee S, Coffey J, Pope K, **Reardon C.** Workshop: Show me the money! Sustainable funding for education in psychiatry. American Psychiatric Association Annual Meeting. San Francisco, CA. May 2009.
- 2010 **Reardon CL (Workshop Chair),** Walaszek A, Riba M, Coffey MJ, Burpee S, Akil M. Workshop: Teaching neurology to psychiatry residents. American Association of Directors of Psychiatric Residency Training Annual Meeting. Orlando, FL. March 2010.
- 2010 **Reardon CL (Workshop Chair),** Walaszek A, Riba M, Coffey MJ, Burpee S, Benjamin S, Pope K. Workshop: Challenges and opportunities in teaching neurology to psychiatry residents. American Psychiatric Association Annual Meeting. New Orleans, LA. May 2010.
- 2010 Halverson J, **Reardon CL (Workshop Co-Chair),** Ginzburg H, Boyer J, Bailey J, Anzia J, Young M, Myers N. Workshop: Scope of practice challenges: experiences, successes, and tribulations from across the country. American Psychiatric Association Annual Meeting. New Orleans, LA. May 2010.
- 2011 Walaszek A, MacLean L, **Reardon CL (Workshop Co-Chair),** Young JQ. Workshop: Quality improvement curricula: preparing your residents for psychiatric practice in the 21st century. American Association of Directors of Psychiatric Residency Training Annual Meeting. Austin, TX. March 2011.
- 2011 **Reardon CL (Workshop Chair),** Halverson J, Walaszek A, Oldham J. Workshop: Quality improvement in psychiatry: why should I care? American Psychiatric Association Annual meeting. Honolulu, HI. May 2011.
- 2011 Halverson J, **Reardon CL (Workshop Co-Chair),** Akaka J, Heiby E, Yamane R. Workshop: Scope of practice expansion: lessons learned from the Aloha state. American Psychiatric Association Annual Meeting. Honolulu, HI. May 2011.
- 2011 Halverson J, Nikopoulos G, **Reardon CL.** Course: Continuous quality improvement: a primer for the psychiatrist. American Psychiatric Association Annual Meeting. Honolulu, HI. May 2011.
- 2011 **Reardon CL.** Psychiatric medication use by athletes: an exhaustive review of what we do and don't know. International Society for Sport Psychiatry Scientific Session. Honolulu, HI. May 2011.
- 2011 Baron D, Baum A, Glick I, **Reardon CL,** Tsushima V, Tsushima W. Symposium: Traumatic brain injury in the athlete: psychiatric implications. American Psychiatric Association Annual Meeting. Honolulu, HI. May 2011.
- 2011 Samaritan Health Services. Department In-Service: Quality Improvement in Psychiatry Education. Corvallis, OR. June 2011.

- 2011 **Reardon CL (Workshop Chair)**, De Souza C, Krahn D, Clement L. Workshop: A primer on attracting medical students to psychiatry. Association for Academic Psychiatry Annual Meeting. Scottsdale, AZ. September 2011.
- 2012 **Reardon CL (Workshop Chair)**, Shackelford J, Lemelle S, Stagno S. Workshop: Innovations in community psychiatry training. American Association of Directors of Psychiatric Residency Training Annual Meeting. San Diego, CA. March 2012.
- 2012 Coffee CJ, **Reardon CL (Workshop Co-Chair)**, Walaszek A, Young JQ. Workshop: Quality improvement curricula: Preparing your residents for psychiatric practice in the 21st century while fulfilling new ACGME requirements. American Association of Directors of Psychiatric Residency Training Annual Meeting. San Diego, CA. March 2012.
- 2012 Arbuckle M, **Reardon CL**, Young JQ. Workshop: Handoffs made simple. American Association of Directors of Psychiatric Residency Training Annual Meeting. San Diego, CA. March 2012.
- 2012 **Reardon CL (Workshop Chair)**, Halverson J, Walaszek A, Oldham J. Workshop: Quality improvement: What it means for psychiatrists. American Psychiatric Association Annual meeting. Philadelphia, PA. May 2012.
- 2012 Clements J, Everett A, Harbin H, Muszynski S, Perlman B, **Reardon C**, Wick P. Workshop: The mental health parity act: making it work for you and your patients. American Psychiatric Association Annual meeting. Philadelphia, PA. May 2012.
- 2012 Arbuckle M, **Reardon CL**, Young JQ. Workshop : Sign-out success: Tools to optimize handoffs. Association for Academic Psychiatry Annual Meeting. Nashville, TN. October 2012.
- 2012 **Reardon CL (Workshop Chair)**, De Souza C, Krahn D, Clement L. Workshop: Recruiting medical students to psychiatry (and should we be doing that in the first place?). Association for Academic Psychiatry Annual Meeting. Nashville, TN. October 2012.
- 2012 May M, **Reardon CL**, Williams K. Workshop: The triple aim of outpatient residency clinics: patient care, supervision, and reimbursement. Association for Academic Psychiatry Annual Meeting. Nashville, TN. October 2012.
- 2013 May M, **Reardon CL (Workshop Co-Chair)**, Williams K, Clement L, Goelitz M. Workshop: Cameras, mirrors, and in-person supervision: three models to optimize patient care, reimbursement, and training in outpatient residency clinics. American Association of Directors of Psychiatric Residency Training Annual Meeting. Fort Lauderdale, FL. March 2013.
- 2012 McVoy M, Pope K, Johnson S, **Reardon C**. Workshop: What happens now that I've graduated? Pearls, pitfalls, and strategies for negotiating your first job and other transitions after residency. American Psychiatric Association Annual Meeting. San Francisco, CA. May 2013.
- 2014 **Reardon CL**. The role of culture in sport. International Society for Sports Psychiatry Scientific Session. San Francisco, CA. May 2013.
- 2014 May M, **Reardon CL (Workshop Co-Chair)**, Williams K, Marlowe D, Goelitz M, Ujwal D. Workshop: Psychiatry resident outpatient clinic supervision: how residencies are maintaining quality patient care and education while keeping their programs solvent. American Association of Directors of Psychiatric Residency Training Annual Meeting. Tucson, AZ. March 2014.

- 2014 Walaszek A, Arbuckle M, Benjamin S, Lewis-Fernandez R, **Reardon C**, Sudak D. Workshop: Training the 21st century psychiatrist. American Psychiatric Association Annual Meeting. New York, NY. May 2014.
- 2014 McVoy M, Pope K, Johnson S, **Reardon C**. Workshop: Early career psychiatry 101: Pearls, pitfalls, and strategies for negotiating your first job and other transitions after residency. American Psychiatric Association Annual Meeting. New York, NY. May 2014.
- 2014 **Reardon CL**. A 2014 update on the female athlete triad. International Society for Sports Psychiatry Scientific Session. New York, NY. May 2014.
- 2014 Cowley D, Magen J, **Reardon C**, Walaszek A. AADPRT-AAP Joint Session: Opportunity to achieve competency and attain milestones in integrated care. Portland, OR. September 2014.
- 2015 American College of Psychiatrists 2015 Laughlin Fellow Wrap-Up Session. Invited Faculty Speaker. Huntington Beach, CA. February 2015.
- 2015 **Reardon CL** (Workshop Chair), Walaszek A, Jones S, Lin S. Workshop: There's something fishy going on: use of fish bone diagrams as a quality improvement tool for psychiatry residents and their programs. American Association of Directors of Psychiatric Residency Training Annual Meeting, Orlando, FL. March 2015.
- 2015 **Reardon CL** (Workshop Chair), Barkil-Oteo A, Dunaway K, Ratzliff A. Workshop: Integrate and educate: how your peers are educating their residents in integrated care, and how you can too. American Association of Directors of Psychiatric Residency Training Annual Meeting, Orlando, FL. March 2015.
- 2015 Rusi K, Walaszek A, **Reardon C**. Workshop: Using technology to keep the residency office running smoothly. American Association of Directors of Psychiatric Residency Training Annual Meeting, Orlando, FL. March 2015.
- 2015 Cowley D, Kates N, Raney L, Ratzliff A, **Reardon C**, Unutzer J. Symposium: Educating psychiatrists for work in integrated care: focus on interdisciplinary collaboration. American Psychiatric Association Annual Meeting. Toronto, Ontario. May 2015.
- 2017 Slippery symptoms: understanding the mood spectrum in college and elite athletes. 13th Annual Big Sky Sport Psychology Retreat: Psychological Issues with Collegiate and Elite Athletes. Big Sky, MT. February 2017.
- 2017 The sports psychiatrist and psychiatric medication. International Society for Sports Psychiatry Scientific Session. San Diego, CA. May 2017.
- 2017 Creado S and **Reardon CL**. The sports psychiatrist and performance-enhancing drugs. International Society for Sports Psychiatry Scientific Session. San Diego, CA. May 2017.
- 2018 Anxiety disorders in athletes. 14th Annual Big Sky Sport Psychology Retreat: Psychological Issues with Collegiate and Elite Athletes. Big Sky, MT. January 2018.
- 2018 Sports psychiatry and the sport of running. International Society for Sports Psychiatry Scientific Session. New York, NY. May 2018.
- 2018 A portable didactic sports psychiatry curriculum for medical students, residents, and fellows. International Society for Sports Psychiatry Scientific Session. New York, NY. May 2018.

- 2018 **Reardon CL** (Co-Chair), Stull T, Kamis D. International Society for Sports Psychiatry Scientific Session: ISSP Manual of Sports Psychiatry Showcase. New York, NY. May 2018.
- 2018 **Reardon CL** and Hainline B. Mental health challenges and initiatives. National Collegiate Athletic Association 1A FAR 2018 Annual Meeting. Washington, DC. September 2018.
- 2019 ADHD in the athlete. Main stage keynote opening session presentation. American Medical Society for Sports Psychiatry Annual Meeting. Houston, TX. April 2019.
- 2019 Mental health and concussion. 3rd Annual National Collegiate Athletic Association-Department of Defense Grand Alliance Concussion Conference. Madison, WI. April 2019.
- 2019 **Reardon CL** (Co-Chair), Hainline B, Baum A, Currie A, McDuff D. General session: Dazzling gods and struggling humans: a report on mental health in elite athletes from the International Olympic Committee. American Psychiatric Association Annual Meeting. San Francisco, CA. May 2019.
- 2019 Harris P, Hsiao RC, **Reardon CL**, Clark FA, Hart DA. Psychiatry, leadership, and the urgency of the moment in medicine. Distinguished Psychiatrist Lecture. American Psychiatric Association Annual Meeting. San Francisco, CA. May 2019.
- 2019 **Reardon CL** and Vu V. Update on educational initiatives of the International Society for Sports Psychiatry: a portable curriculum for trainees, and a certificate program for all levels of practice. International Society for Sports Psychiatry Scientific Session. San Francisco, CA. May 2019.
- 2019 Concussion and mental health in the athlete. Big Ten-Ivy League TBI Summit. Keynote Address. Chicago, IL. July 2019.
- 2020 **Reardon CL** (Co-Chair), Hainline B, Aron CM, Gorczynski P, Gouttebauge V. Taking mental health care for elite athletes to the next level: an update from the International Olympic Committee. American Psychiatric Association Annual Meeting. Philadelphia, PA. April 2020.
- 2020 **Reardon CL** (Chair), Frankel B, Hong V, Iarovici D, Owen G. Hot topics in college mental health for student athletes: advancing quality of care. American Psychiatric Association Annual Meeting. Philadelphia, PA. April 2020.
- 2020 **Reardon CL**, Currie A, Fadel H, Han DH, McDuff D. Winning big: the expansion of sports psychiatry in Brazil, South Korea, the United Kingdom and the United States. American Psychiatric Association Annual Meeting. Philadelphia, PA. April 2020.
- 2020 Dazzling gods and struggling humans: a report on mental health in elite and collegiate athletes from the International Olympic Committee. United States Sports Medicine Fellowship Programs Pop-Up Virtual Education Series. May 2020.
- 2020 Glick I, **Reardon CL**, Stull T. Role of the sports psychiatrist on the sports medicine team. International Society for Sports Psychiatry Scientific Session. Philadelphia, PA. April 2020.
- 2020 Mental health for athletes during the pandemic. P14nets 2020 International Online Congress. Keynote Speech.
- 2020 The International Olympic Committee mental health framework. NCAA Diverse Student-Athlete Mental Health Summit. Indianapolis, IN. August 2020.

- 2020 Sports and mental health. World Innovation Summit for Health. Doha, Qatar. August 2020.
- 2020 Overview of the IOC Consensus Statement on mental health in elite sport. International Olympic Committee Research Center of Excellence Lecture Series on Mental Health Symptoms in Elite Sports. Amsterdam, Netherlands. November 2020.
- 2021 McGuine T, Biese K, Hetzel S, Kliethermes S, **Reardon C**, Bell D, Brooks A, Watson A. The impact of COVID-19 related school closures and sport cancellations on the health of adolescent athletes. Pediatric Research in Sports Medicine Society 8th Annual Meeting. Glendale, AZ. January 2021.
- 2021 Mental health symptoms and disorders: a clinical approach for the team physician. International Olympic Committee Advanced Team Physician Course. Istanbul, Turkey. November 2021.
- 2021 Athletes with mental health problems: signs and symptoms. International Sport + Exercise Nutrition Conference 2021. Newcastle upon Tyne, United Kingdom. December 2021.
- 2022 McGuine T, Biese K, Dickman J, Hetzel SJ, **Reardon CL**, Schwarz A, Watson A. The impact of sport participation on the health of adolescents during the COVID-19 pandemic. Pediatric Research in Sports Medicine Society Annual Meeting. Houston, TX. January 2022.
- 2022 Mental health risk and protective factors in tennis. International Tennis Federation Mental Health Summit. New York, NY. September 2022.
- 2022 U.S. Open After Action Report for mental health initiatives. International Tennis Federation Mental Health Summit. New York, NY. September 2022.
- 2023 Grand Slam Mental Health Protocols. The Society for Tennis Medicine & Science World Congress. Mallorca, Spain. October 2023.
- 2024 **Reardon CL**, Hainline B. National Collegiate Athletic Association. Sport Science Institute: Spotlight on Mental Health Action Plans. Indianapolis, IN. March 2024.
- 2024 Mental Health in Track and Field (Athletics). Aspetar Medical Journal Webinar on Sports Medicine in Athletics. Doha, Qatar. May 2024.

Posters**Local:**

- 2010 **Reardon CL** and Walaszek A. A didactic and experiential quality improvement curriculum for psychiatry residents. University of Wisconsin Quality Week 2010 Poster Symposium. Madison, WI. October 2010.
- 2017 **Reardon CL**, Creado S, Hafer R, Howell-Little E, Langheim FJP, Lee ER, McDonald JM, Peterson MJ, Walaszek A. Strategies for developing successful resident quality improvement projects. University of Wisconsin School of Medicine and Public Health Medical Education Day. Madison, WI. May 2017.
- 2018 Vu V, **Reardon CL**, Dyer A. A portable didactic sports psychiatry curriculum for medical students, residents, and fellows. University of Wisconsin School of Medicine and Public Health Medical Education Day. Madison, WI. May 2018.
- 2019 Hickie-Koclanes K, **Reardon CL**, Battaglia J, Factor RM, Radue R, Valdivia K, Walaszek AC, Zeidler Schreiter B. A public health advocacy and service in psychiatry

elective for medical students. University of Wisconsin School of Medicine and Public Health Medical Education Day. Madison, WI. May 2019.

Regional:

- 2016 **Reardon CL**, Creado S, Hafer R, Howell-Little E, Langheim FJP, McDonald JM, Peterson MJ, Walaszek A. Developing successful resident quality improvement projects. Wisconsin Medical Society Innovations in Health Care Quality Improvement and Research Forum. Madison, WI. April 2016.

National/International:

- 2008 **Reardon CL** and Factor RM. A case of dissociative fugue in a patient with anterior temporal lobectomy. American Medical Association Interim Meeting. Orlando, FL. November 2008.
- 2009 **Reardon CL**. Cognitive behavioral therapy for body dysmorphic disorder in schizophrenia. Institute on Psychiatric Services Annual Meeting. New York, NY. October 2009.
- 2009 **Reardon CL** and Eichelman BS. Uremia-induced mania. American Medical Association Interim Meeting. Houston, TX. November 2009.
- 2010 **Reardon CL** and Walaszek A. Neurology didactic curricula for psychiatry residents: a survey of program directors. Association for Academic Psychiatry. Pasadena, CA. September 2010.
- 2012 Benjamin S, Cooper J, Dickey C, **Reardon CL**, Travis M. Neuropsychiatry/neuroscience education of psychiatry trainees: Attitudes and Barriers. American Neuropsychiatric Association Annual Meeting. New Orleans, LA. March 2012.
- 2012 Benjamin S, Cooper J, Dickey C, **Reardon CL**, Travis M. Neuropsychiatry/neuroscience education of psychiatry trainees: Attitudes and Barriers. American Association of Directors of Psychiatric Residency Training Annual Meeting. San Diego, CA. March 2012.
- 2012 Zielke S, Goelzer SL, McDonald R, **Reardon C**, Gravel Sullivan A. A small shop with a big goal: building a validated, institutional quality improvement curriculum experience for first year residents at a large teaching hospital. Association of American Medical Colleges Integrating Quality Meeting. Chicago, IL. May 2012.
- 2012 Benjamin S, Cooper J, Dickey C, **Reardon CL**, Travis M. Neuropsychiatry/neuroscience education of psychiatry trainees: Attitudes and Barriers. Association for Academic Psychiatry Annual Meeting. Nashville, TN. October 2012.
- 2012 Goelitz M, **Reardon C**, Richards D, Zhanhai L. How to hear when your patients cannot. Association for Academic Psychiatry Annual Meeting. Nashville, TN. October 2012.
- 2012 Illichmann M, Clement L, **Reardon CL**, Walaszek A. Transition to case-based learning in a third-year medical student psychiatry clerkship. Association for Academic Psychiatry Annual Meeting. Nashville, TN. October 2012.
- 2012 Lee E, **Reardon CL**, Factor RM, Brenner CJ, Singh P, Spurgeon JA. Community psychiatry tracks for residents: a review of four programs. Institute on Psychiatric Services Annual Meeting. New York, NY. October 2012.

- 2013 Schapiro R, **Reardon C**, Navsaria D, Busalacchi M, Feder, E, Bagwell S, Remington P. A health policy advocacy case for medical students. Innovations in Medical Education Conference. Los Angeles, CA. February 2013.
- 2013 Lee ER, Behrens JM, **Reardon CL**, Walaszek AC. Being assaulted is not a part of the job: development of procedures and protocols in maintaining safety of psychiatry residents. American Psychiatric Association Annual Meeting. San Francisco, CA. May 2013.
- 2013 Goelitz M, **Reardon C**, Richards D, Zhanhai L. Listening to our patients who cannot hear. American Psychiatric Association Annual Meeting. San Francisco, CA. May 2013.
- 2013 Gravel Sullivan A, Goelzer S, McDonald R, **Reardon C**. Through a glass, darkly: reaping the benefits of an institutional quality improvement curriculum. Association of American Medical Colleges Integrating Quality Meeting. Chicago, IL. June 2013.
- 2013 **Reardon CL**, Clement L, Gannage M, Goelitz M, Goldenberg N, Gunderson C, Krahn D, Lee E, Walaszek A. Developing successful psychiatry resident QI projects. Association for Academic Psychiatry Annual Meeting. Charleston, SC. October 2013.
- 2013 Lee E, Ahearn E, **Reardon C**, Thrasher T. Different patterns of involuntary hospitalization and civil commitment. American Academy of Psychiatry and the Law Annual Meeting. San Diego, CA. October 2013.
- 2013 Goelitz M, **Reardon C**, Richards D, Zhanhai L. Listening to our patients who cannot hear. Institute on Psychiatric Services Annual Meeting. Philadelphia, PA. October 2013.
- 2014 Gravel Sullivan A, **Reardon C**, McDonald R, Westmas K, Goelzer S. Resident learning, interprofessional education and organizational reach: laying the foundations for an institutional safety and quality movement to effect cultural change. Association of American Medical Colleges Integrating Quality Meeting. Chicago, IL. June 2014.
- 2014 Goelitz M, Molander R, **Reardon C**, Walaszek A. Psychiatric interviewing for interns—a change from status quo. Association for Academic Psychiatry Annual Meeting. Portland, OR. October 2014.
- 2015 Navsaria D, Davis S, **Reardon C**, Schapiro R. Advocating for advocacy: developing an advocacy training thread for medical students. Joint CGEA/CGSA/COSR Meeting. Columbus, OH. April 2015.
- 2017 **Reardon CL**, Buhr KA, Factor RM, Walaszek A, Zeidler Schreiter E. Integrated care: should it count as community psychiatry training for psychiatry residents? American Association of Directors of Psychiatric Residency Training Annual Meeting. San Francisco, CA. March 2017.
- 2018 Mehta P, **Reardon C**, Fong T. NCAA Division I coaches' experiences with mental health issues in student-athletes. Institute for Psychiatric Services Annual Meeting. Chicago, IL. October 2018.
- 2018 Vu V, **Reardon CL**, Dyer A. A portable didactic sports psychiatry curriculum for medical students, residents, and fellows. Association for Academic Psychiatry Annual Meeting. Milwaukee, WI. September 2018.
- 2019 **Reardon CL**, Battaglia J, Factor RM, Hickie-Kooclanes K, Radue R, Valdivia K, Walaszek AC, Zeidler Schreiter B. A public health advocacy and service in psychiatry elective for medical students. American Psychiatric Association Annual Meeting. San Francisco, CA. May 2019.

- 2019 Vu V, **Reardon CL**. A portable didactic sports psychiatry curriculum for medical students, residents, and fellows. American Psychiatric Association Annual Meeting. San Francisco, CA. May 2019.
- 2022 McGuire TA, Biese K, Hetzel S, **Reardon C**, Schwarz A, Brooks MA, Bell D, Watson A. A multi-year assessment of the impact of sport participation during the Covid-19 pandemic on the physical activity and quality of life of adolescent athletes. National Athletic Trainers' Association Annual Convention. Philadelphia, PA. June 2022.
- 2023 Fontana RS, Nevels B, **Reardon CL**. Creating a longitudinal sports psychiatry rotation for senior psychiatry residents and fellows. Psy-ence Fair. Department of Psychiatry and Behavioral Medicine. University of South Carolina School of Medicine. December 2023.
- 2024 Fontana RS, Nevels B, **Reardon CL**. Creating a longitudinal sports psychiatry elective rotation for senior psychiatry residents and fellows. American Psychiatric Association Annual Meeting. New York, NY. May 2024.

EDUCATIONAL ACTIVITIES & PRESENTATIONS

Classroom Teaching

Undergraduate Students:

- 2017 University of Wisconsin Psychology 202 "Psychology of Healthcare" Lecture
Panelist

Health Profession Graduate Students:

- 2007-2010 University of Wisconsin Physician Assistant Program Psychiatry Lecture Series
Lecturer, "Sleep Disorders"
- 2009 University of Wisconsin Department of Psychology Honor Society Brownbag Seminar
Lecturer, "The Nuts and Bolts of Psychiatry"
- 2011-2012 University of Wisconsin Occupational Therapy Master's Program Medical Lectures
Class
Lecturer, "An Overview of Psychiatry for the Occupational Therapist"

Medical Students:

- 2006 University of Wisconsin School of Medicine and Public Health USMLE Step 1 Board Review Course
Tutor
- 2009-2012 University of Wisconsin School of Medicine and Public Health Medical Student Patient, Doctor, & Society I Course
Instructor
- 2009-2017 University of Wisconsin School of Medicine and Public Health Med-2 Medical Student Psychiatry Interviewing Course
Instructor
- 2009-2012 University of Wisconsin School of Medicine and Public Health Med-3 Medical Student Psychiatry Clerkship
Small Group Patient Interviewing Instructor
- 2010-2017 University of Wisconsin School of Medicine and Public Health Med-2 Medical Student Integrated Neurosciences Course

- Coursebook Chapter Author, 2010*
Psychiatry Small Group Leader, 2010-2017
Neurology Small Group Leader, 2011-2014
- 2011- University of Wisconsin School of Medicine and Public Health Med-1 and Med-2
Advocacy Integrated Case Program
Planning Committee and Group Leader (Working with Professional Medical Societies)
- 2011 University of Wisconsin School of Medicine and Public Health Med-1 Public Health
Elective
Lecturer, PHS 650: Leadership in Medicine and Public Health
- 2013 University of Wisconsin School of Medicine and Public Health Psychiatry Student
Interest Group Seminar
Lecturer, "Exercise in Mental Illness and Mental Health"
- 2014 University of Wisconsin School of Medicine and Public Health Psychiatry Student
Interest Group Seminar
Panel Discussant and Facilitator, "Psychiatry Specialties Panel"
- 2014 University of Wisconsin School of Medicine and Public Health Women in Medicine
Seminar
Panel Discussant, "Work-Life Balance"
- 2015 University of Wisconsin School of Medicine and Public Health Psychiatry Student
Interest Group, *Lecturer, "Exercise in Mental Illness & Health"*
- 2015 University of Wisconsin School of Medicine and Public Health Med-4 Public Health
Elective
Faculty Facilitator, Advocating for Patients: Getting the Right Care at the Right Time
- 2016 University of Wisconsin School of Medicine and Public Health Psychiatry Student
Interest Group
Lecturer, "Winter Wellness"
- 2016- University of Wisconsin School of Medicine and Public Health Med-1 Physician
Advocacy Panel
Panel Facilitator and Panelist
- 2017- University of Wisconsin School of Medicine and Public Health Psychiatry Student
Interest Group
Lecturer, "Winter Wellness: Why Med Students Need It, and How To Achieve It"
- 2017- University of Wisconsin School of Medicine and Public Health Med-4 Public Health
Elective
*Faculty Facilitator, Advocating for Populations: Partnering to Improve Community
Health*
- 2017- University of Wisconsin School of Medicine and Public Health Med-1 Food, Fasting, and
Fitness Block
Advocacy Cases Faculty Plenary Speaker
- 2017 University of Wisconsin School of Medicine and Public Health Med-2 Mind and Motion
Block
Public Health and Psychiatric Disorders Lecturer
- 2017 University of Wisconsin School of Medicine and Public Health Med-2 Mind and Motion
Block
Cognitive Function, Dementia, and Delirium Medium Group Instructor

- 2018- University of Wisconsin School of Medicine and Public Health Phase 2 Advocacy Skills Series
Working with Professional Medical Societies Video Lecturer
- 2018- University of Wisconsin School of Medicine and Public Health Chronic and Preventive Care Community Health Advocacy Community Partner Instructor
- 2019 University of Wisconsin School of Medicine and Public Health Chronic and Preventative Care Course
Depression in Young Adults Small Group Instructor
- 2020- University of Wisconsin School of Medicine and Public Health Medical Student Quality Improvement Coach
- 2020 University of Wisconsin School of Medicine and Public Health Sports Medicine Interest Group
Lecturer, "A career as a sports psychiatrist"

Residents/Fellows: Psychiatry:

- 2009-2015 University of Wisconsin Psychiatry Residency Program PGY-1 Community Psychiatry Seminar Series
Lecturer
- 2009- University of Wisconsin Psychiatry Residency Program PGY-1-4 Quality Improvement Seminar Series
Developer, Lecturer, and Director
- 2009-2015 University of Wisconsin Psychiatry Residency Program PGY-1 and -3-4 Neurology for Psychiatrists Seminar Series
Seminar Developer, Lecturer, and Director
- 2009-2011 University of Wisconsin Psychiatry Residency Program PGY-4 Advanced Psychopharmacology Seminar Series
Seminar Developer and Director
- 2010-2015 University of Wisconsin Psychiatry Residency Program PGY-3 Community Psychiatry Seminar Series
Seminar Developer, Lecturer, and Director
- 2010-2015 University of Wisconsin Psychiatry Residency Program PGY-2 Mood Disorders Seminar
Lecturer
- 2010-2011 University of Wisconsin Psychiatry Residency Program PGY-1 Psychopharmacology Seminar Series
Lecturer and Seminar Director
- 2010-2013 University of Wisconsin/Medical College of Wisconsin Departments of Psychiatry Chief Resident Annual Leadership Retreat
Co-Planner
- 2011 University of Wisconsin Psychiatry Residency Program Psychiatry Scholars Seminar
Lecturer, "Health Advocacy"
- 2012 University of Wisconsin/Medical College of Wisconsin Departments of Psychiatry Chief Resident Annual Leadership Retreat
Lecturer, "QI as a tool for chiefs"

- 2013-2015 University of Wisconsin Psychiatry Residency Program PGY-2 and-3 Cultural Formulation Interview Seminar
Lecturer
- 2014-2015 University of Wisconsin/Medical College of Wisconsin/Northwestern University Departments of Psychiatry Tri-Program Chief Resident Leadership Retreat
Co-Planner
- 2014 University of Wisconsin/Medical College of Wisconsin/Northwestern University Departments of Psychiatry Tri-Program Chief Resident Annual Leadership Retreat
Workshop Presenter, "QI as a tool for chiefs"
- 2015-2018 University of Wisconsin Sleep Medicine Fellowship Program Quality Improvement Seminar Series
Seminar Curricula Developer and Lecturer
- 2018- University of Wisconsin Psychiatry Residency Program PGY-4 Advocacy for Rural and Underserved Populations Elective for Public Health Track Residents
Developer and Course Director
- 2018- Medical College of Wisconsin Forensic Psychiatry Fellowship Program Quality Improvement Seminar Series
Developer and Lecturer
- 2022- University of Wisconsin Child and Adolescent Psychiatry Fellowship Program. Sports Psychiatry in Child and Adolescent Psychiatry
Developer and Lecturer

Residents/Fellows: Other or All Specialties:

- 2011 University of Wisconsin Hospital and Clinics Graduate Medical Education Office
Institution-Wide Resident Quality Improvement Curriculum Co-Developer
- 2012 Quality Improvement Cross-Specialty Resident Hands-on Workshop. University of Wisconsin Hospital and Clinics GME Office. Madison, WI. April 2012.
- 2013- American Medical Association Introduction to the Practice of Medicine Module on Quality Improvement
Co-Author and Lecturer
- 2015- University of Wisconsin School of Medicine and Public Health preventive medicine resident advocacy seminar
Lecturer
- 2017- University of Wisconsin Hospital and Clinics PGY-1 Patient Safety Orientation
Root Cause Analysis Faculty Facilitator

CME Presentations

Departmental:

- 2010-2015 University of Wisconsin Department of Psychiatry Annual Education Retreat
Planning Committee Co-Chair, 2010-
- 2010 University of Wisconsin Department of Psychiatry Career Development Workshop
Co-Planner and University of Wisconsin System Office of Professional and Instructional Development Conference Development Grant Recipient

- 2010 Treating athletes with mental illness: It's No Slam Dunk. University of Wisconsin Department of Psychiatry Case Conference. Madison, WI. March 2010.
- 2011 Exercise to treat mental illness. University of Wisconsin University Health Services Counseling and Consultation Services Professional Development Series. Madison, WI July 2011.
- 2012 Practical tips for supervision: Needs assessment and goal setting. University of Wisconsin School of Medicine and Public Health Department of Psychiatry 5th Annual Education Retreat. Madison, WI. April 2012.
- 2012 Practical tips for supervision: Addressing challenging supervisory situations. University of Wisconsin School of Medicine and Public Health Department of Psychiatry 5th Annual Education Retreat. Madison, WI. April 2012.
- 2013 Next steps in changing our teaching of cultural competency. University of Wisconsin School of Medicine and Public Health Department of Psychiatry 6th Annual Education Retreat. Madison, WI. June 2013.
- 2017 Mental illness in athletes. University of Wisconsin University Health Services Counseling and Consultation Services Professional Development Series. Madison, WI January 2017.
- 2018 Exercise and mental illness: what's the evidence, and how can I get my patients to do it? University of Wisconsin University Health Services Mental Health Services Professional Development Series. Madison, WI. July 2018.
- 2020 From exercise to St. John's Wort: complementary, alternative, and integrate treatments for mental illness. University of Wisconsin University Health Services Mental Health Services Professional Development Series. Madison, WI. July 2020.

UWSMPH/Hospital:

- 2010 **Reardon CL**, Holland B, Priest G. GME Showcase: Teaching QI in residency. University of Wisconsin Hospital and Clinics GME Program Directors' Retreat: Quality Improvement. Madison, WI. November 2010.
- 2011 **Reardon CL** and Becker AS. Objectives writing workshop. University of Wisconsin School of Medicine and Public Health Department of Psychiatry 4th Annual Education Retreat. Madison, WI. March 2011.
- 2011 **Reardon CL** and Becker AS. Creating goals and objectives: beginning with the end in sight. University of Wisconsin School of Medicine and Public Health Medical Education Day. Madison, WI. April 2011.
- 2011 Ranheim E and **Reardon C**. Panel facilitator: Faculty recruitment, reward, and remediation. Back to the Old Chalkboard: Rethinking How and What We Teach in Medicine, University of Wisconsin School of Medicine and Public Health Continuum of Medical Education Teaching Enhancement Conference. Madison, WI. September 2011.
- 2011 Keynote address: The quality imperative: from where and why now? University of Wisconsin School of Medicine and Public Health Graduate Medical Education Quality Improvement Conference. Madison, WI. October 2011.
- 2012 Gravel Sullivan A, Zielke S, Ranheim E, **Reardon CL**. Overview of GME QI curriculum for first-year residents. University of Wisconsin Hospital and Clinics GME Program Directors' Retreat: The Quality Imperative. Madison, WI. February 2012.

2024 Sports Medicine and Mental Health. University of Wisconsin Department of Psychiatry Educational Conference Series. Madison, WI. April 2024.

State & Regional:

2009 **Reardon CL**, Robbins K, and Halverson J. Advocacy update panel. Wisconsin Psychiatric Association Annual Meeting. Kohler, WI. March 2009.

2009 Antidepressants. Mental Health Center of Dane County Psychopharmacology for Non-Psychiatrists Course. Madison, WI. March 2009.

2010 **Reardon CL** and Favor-Hamilton S. Exercise and mental illness: the continuum from healthy habit to obsession. Wisconsin Psychiatric Association Annual Meeting. Kohler, WI. March 2010.

2010 Molander R, Schwartzstein A, **Reardon C**, Robbins K, Duffy D. Access to Care Panel. Wisconsin Psychiatric Association Annual Meeting. Kohler, WI. March 2010.

2010 Cause or effect? The relationship between drugs of abuse and mental illness. Wisconsin Department of Health Services Public Psychiatry Network Teleconference Series. July 2010.

2011 Exercise and mental health: what's the evidence, and how can I get my clients to do it?. Wisconsin Department of Health Services Public Psychiatry Network Teleconference Series. March 2011.

2011 **Reardon C** and Foos J. Female athlete triad. Wisconsin Athletic Directors Association 2011 Fall Conference. Wisconsin Dells, WI. November 2011.

2012 Female athlete triad: what you need to know. University of Wisconsin-La Crosse Coaches and Athletic Directors In-Service. La Crosse, WI. January 2012.

2012 Family psychoeducation and other ways to work with families. Wisconsin Department of Health Services Public Psychiatry Network Teleconference Series. July 2012.

2012 Practicing within an academic setting. Wisconsin Psychiatric Association 2012 Career Fair. Waukesha, WI. July 2012.

2012 Female athlete triad: what to look for and what to do about it. Marshfield Clinic Grand Rounds. Marshfield, WI. September 2012.

2013 Mental illness in elite athletes. University of Wisconsin Department of Kinesiology Seminar Series. Madison, WI. February 2013.

2013 An update on bipolar disorder treatments. Wisconsin Department of Health Services Public Psychiatry Network Teleconference Series. July 2013.

2013 NAMI Wisconsin Annual Conference. "Ask the Expert: Depression." Madison, WI.

2014 Female athlete triad: what to look for and what to do about it. Wisconsin Nurses Association Pharmacology and Annual Update. Wisconsin Dells, WI. May 2014.

2014 From exercise to St. John's Wort: Integrative treatment for mental illness. Wisconsin Department of Health Services Public Psychiatry Network Teleconference Series. August 2014.

2014 The role of exercise in the treatment of mood disorders. University of Wisconsin Annual Update and Advances in Psychiatry. Madison, WI. October 2014.

- 2015 NAMI Wisconsin Annual Conference. "Ask the Expert: Depression." Madison, WI.
- 2016 From exercise to St. John's Wort: Integrative treatment for mental illness. Employee Assistance Professionals Association of South Central Wisconsin monthly educational seminar. Madison, WI. March 2016.
- 2017 Mental illness in athletes. 40th Annual University of Wisconsin Sports Medicine Symposium. Madison, WI. April 2017.
- 2017 NAMI Wisconsin Annual Conference. "Ask the expert: eating disorders." Elkhart Lake, WI.
- 2017 From exercise to St. John's Wort: Controversies and challenges in integrative treatments for mental illness. University of Wisconsin Annual Update and Advances in Psychiatry. Madison, WI. October 2017.
- 2019 Exercise as an antidepressant: what's the evidence, and how can I help my clients to do it? Wisconsin Department of Health Services Public Psychiatry Network Teleconference Series. June 2019.
- 2019 Pros and cons of the Zero Suicide Initiative. Wisconsin Psychiatric Association Fall Conference. Milwaukee, WI. September 2019.
- 2020 Mental health care at the crossroads of early adult life. Wisconsin Medical Society Annual Meeting Education Conference. Madison, WI. April 2020.
- 2020 High school athlete mental health in the era of COVID-19 and beyond. Madison Metropolitan School District Coaching Education Webinar. April 2020.
- 2020 High school athlete mental health in the era of COVID-19 and beyond. Wisconsin Interscholastic Athletic Association Coaching Education Webinar. April 2020.

National/International:

- 2009 **Reardon CL** and Albright B. Discussing the issues: the AMA agenda. American Medical Association Medical Student, Resident, and Fellow Lobby Day. Washington, DC. March 2009.
- 2014 New Training Director Breakout Group Leader. American Association of Directors of Psychiatric Residency Training Annual Meeting. Tucson, AZ. March 2014.
- 2015 New Training Director Breakout Group Leader. American Association of Directors of Psychiatric Residency Training Annual Meeting. Orlando, FL. March 2015.
- 2017 A sports psychiatrist's approach to prescribing psychiatric medications for athletes. Collegiate Clinical/Counseling Sport Psychology Association webinar. May 2017.
- 2017 The impact of the opioid epidemic on women. American Medical Association Women Physicians Section Continuing Medical Education Event Invited Event Chair. Chicago, IL. June 2017.
- 2017 Being present: physician wellness and mindfulness. American Medical Association Continuing Medical Education Event Invited Chair. Honolulu, HI. November 2017.
- 2018 Psychopharmacology breakout group leader. 14th Annual Big Sky Sport Psychology Retreat: Psychological Issues with Collegiate and Elite Athletes. Big Sky, MT. January 2018.

- 2019 Sport psychiatry and the nuances of medication and sport performance. Oklahoma Sport Psychology Consortium. University of Oklahoma Department of Athletics. Norman, OK. September 2019.
- 2019 High School Athlete Mental Health: Challenges and Opportunities. National Federation of State High School Associations Section 4 Meeting. Stevens Point, WI. September 2019.
- 2019- Protecting the mental health of athletes. Program faculty, International Olympic Committee Diploma in Sports Medicine. Lausanne, Switzerland.
- 2019 An update on mental health in elite athletes from the International Olympic Committee. Keynote Address. Alliance for Social Workers in Sport Annual Meeting. Denver, CO. October 2019.
- 2020 Mental health in elite athletes: an update from the International Olympic Committee. Greenville Health System. Department of Psychiatry and Behavioral Medicine. Grand Rounds. Greenville, SC. January 2020.
- 2020 U.S. Center for Coaching Excellence National Governing Body Coach Educator Meeting. Mental health in elite athletes: an update from the International Olympic Committee. Virtual meeting. November 2020.
- 2021 Sport psychiatry and the nuances of medication and sport performance. Oklahoma Sport Psychology Consortium. University of Oklahoma Department of Athletics. Norman, OK. February 2021.
- 2021 Mental health and COVID. American Association of Pediatrics Improving Sports Pre-Participation Evaluations for Youth (ISPY) Quality Improvement Forum. Virtual. September 2021.
- 2022 Mental health in the athletic population. Keynote Shari Khaja Dorrestein Lecture. University of Wisconsin Sports Medicine Symposium. Madison, WI. May 2022.
- 2022 Sports psychiatry. Florida State University College of Medicine Mental Health Awareness Week Lecture. Tallahassee, FL. September 2022.
- 2022 Mental health in athletes. Sheppard Pratt Health System Grand Rounds. Baltimore, MD. September 2022.
- 2022 Mental health in athletes. University of Washington Psychiatry and Behavioral Sciences Grand Rounds. Seattle, WA. October 2022.
- 2022 Sport psychiatry case discussion. Oklahoma Sport Psychology Consortium. University of Oklahoma Department of Athletics. Norman, OK. November 2022.
- 2023 Sports psychiatry. Good Samaritan Regional Medical Center Department of Psychiatry. Corvallis, OR. March 2023.
- 2023 Mental health in elite athletes. Keynote Lecture. United States Olympic & Paralympic Committee 7th Annual Injury Prevention Symposium. Vail, CO. June 2023.
- 2023 Mental Strategies for Recovery. International Biathlon Union Coach Symposium. Salzburg, Austria. September 2023.

Clinical Teaching

Health Professional Graduate Students:

2013-2015 University of Wisconsin School of Medicine and Public Health physician assistant
outpatient psychiatry elective
Clinical Supervisor

Medical Students:

2006-2015 University of Wisconsin School of Medicine and Public Health medical student (inpatient
and outpatient) psychiatry clerkship
Clinical Supervisor

2011-2019 University of Wisconsin School of Medicine and Public Health Med-4 Public Health
Elective
*Developer, Seed Grant Recipient, and Rotation Director, PHS 814-933: Public Health
Advocacy and Service in Psychiatry*

2018- University of Wisconsin School of Medicine and Public Health Med-4 Public Health
Elective
*Developer and Rotation Director, MED SCI-M 810, 811, 812, AND 813: Sports
Psychiatry: Improving the Mental Health of Athletes at the Individual and Systems Levels*

Residents/Fellows: Psychiatry:

2006-2015 University of Wisconsin School of Medicine and Public Health psychiatry resident
(inpatient and outpatient) rotations
Clinical Supervisor

2009- University of Wisconsin Psychiatry Residency Program PGY-3 Quality Improvement
Rotation
Clinical Rotation Developer and Director

2010-2015 University of Wisconsin Psychiatry Residency Program Community Psychiatry Track
Developer and Director

2010-2015 University of Wisconsin Psychiatry Residency Program PGY-3 Community Psychiatry
Seminar Series and Rotation
Clinical Rotation Co-Developer and Director

2011- University of Wisconsin Psychiatry Residency Program PGY-4 Sports Psychiatry
Elective (clinical and/or didactic)
Developer and Rotation Director

2015 University of Wisconsin Psychiatry Residency Program PGY-4 Integrated Care in
Psychiatric Residency Education Elective
Developer and Course Director

2015- University of Wisconsin Psychiatry Residency Program PGY-4 University Health
Services General Psychopharmacology Elective
Rotation Director and Clinical Supervisor

2016- University of Wisconsin Child and Adolescent Psychiatry Fellowship Program PGY-5-6
University Health Services Rotation
Clinical Supervisor

Residents/Fellows: Other or All Specialties:

2006-2015 University of Wisconsin School of Medicine and Public Health family medicine resident
(outpatient) psychiatry elective
Clinical Supervisor

2014-2015 University of Wisconsin School of Medicine and Public Health neurology resident
outpatient psychiatry rotation
Clinical Supervisor

Mentoring

Medical Students:

2017-2020 Principal Investigator and Advisor for Medical College of Wisconsin Medical
Student/University of Illinois-Chicago Psychiatry Resident Alexandra Dyer, MD.
“Development of a sports psychiatry curriculum for trainees” (unfunded).

2019-2021 Advisor for University of Wisconsin School of Medicine and Public Health Medical
Student Ryan Benoy. “Development of Wisconsin Interscholastic Athletic Association
Mental Health Emergency Action Plan Protocol and Template” (unfunded).

Residents/Fellows: Psychiatry:

2011-2012 Principal Investigator and Advisor for University of Wisconsin Psychiatry resident Lisa
Clement, MD. “A study on recruiting medical students into psychiatry” (unfunded).

2012-2013 Principal Investigator and Advisor for University of Wisconsin Psychiatry Clinical-
Educator Track resident Melissa Goelitz, MD. “A study of training effects of lecture
about deafness on mental health providers” and “A study of psychiatric interviewing for
interns” (unfunded).

2012-2013 Principal Investigator and Advisor for University of Wisconsin Psychiatry Research
Track resident Elliot Lee, MD, PhD. “Analysis of inter-county differences in the
emergency detention process in Wisconsin” (unfunded) and “Development of procedures
and protocols in maintaining safety of psychiatry residents. (unfunded).

2012-2018 Principal Investigator and Advisor for University of Wisconsin Psychiatry residents Lisa
Clement, MD, Shane Creado, MD, Melissa Gannage, MD, Melissa Goelitz, MD, Neil
Goldenberg, MD, Carissa Gunderson, MD, Emily Howell-Little, MD, Elliot Lee, MD,
PhD. “Developing successful psychiatry resident QI projects” (unfunded).

2012-2016 Principal Investigator and Advisor for University of Wisconsin Psychiatry resident Shane
Creado, MD. “A survey of pharmacologic practices of sports psychiatrists” and
“Substance use in athletes” (unfunded).

2013-2014 Principal Investigator and Advisor for University of Wisconsin Psychiatry residents
Melissa Goelitz, MD and Dana Marlowe, MD. “A survey study on psychiatry resident
outpatient clinic supervision” (unfunded).

2016-2020 Principal Investigator and Advisor for University of Southern California Psychiatry
Resident Pratik Mehta, MD. “A study of NCAA Division I coaches’ experiences with
mental health issues in student-athletes” (unfunded).

2017-2021 University of Wisconsin Psychiatry Residency Program Faculty/Resident Mentorship
Program
Faculty Mentor (Resident: Alexandra Kushnir, MD)

2017-2021 Principal Investigator and Advisor for University of Wisconsin Psychiatry Clinical-
Educator Track resident Vuong Vu, MD. “Development of a sports psychiatry
curriculum for trainees” and “Review of pharmacotherapy in sport” (unfunded).

- 2018-2020 Principal Investigator and Advisor for University of Wisconsin Psychiatry Residents Katrina Hickle-Koclanes, MD and Rebecca Radue, MD. “Public health advocacy and service in psychiatry teaching and research project” (unfunded).
- 2021- Principal Investigator Advisor for University of Wisconsin Psychiatry Resident Ryan Benoy, MD. “Eating Disorders and Disordered Eating in Athletes during Times of Transition” and “Marijuana Use in Athletes” (unfunded).
- 2023- Advisor for University of Wisconsin Psychiatry Resident Dolapo Oseni, MD. “Sports Psychiatry Clinical and Research Initiatives (unfunded).
- 2023- Advisor for University of Wisconsin Psychiatry Resident Megan Duininck, MD. “Sports Psychiatry Clinical and Research Initiatives (unfunded).
- 2023- Advisor for University of Wisconsin Psychiatry Fellow Samuel Partington, MD. “Sports Psychiatry Clinical and Research Initiatives (unfunded).
- 2024- Advisor for University of Wisconsin Psychiatry Resident Jaeger Ackerman, MD. “Sports Psychiatry Clinical and Research Initiatives (unfunded).

Education for the Public

- 2009 Community outreach seminars. “Dealing with stress during stressful times.” St. Maria Goretti Church, Madison, WI.
- 2010 Veterans Affairs Community Support Program outreach seminar. “Marijuana and psychiatric symptoms.” Madison, WI.
- 2011 University of Wisconsin School of Medicine and Public Health Focus on Mental Health Community Outreach Lecture. “Exercise and mental health.” Madison, WI.
- 2013 University of Wisconsin School of Medicine and Public Health “Mini Medical School” Lecture. “Your resilient brain: coping with stress.” Madison, WI.
- 2015 Daughters of the American Revolution Lunchtime Speaker Series. Depression and anxiety across a woman’s life cycle. Madison, WI.
- 2015 ABC News 20/20 National Television Program. How Suzy Favor Hamilton went from US Olympian to Las Vegas Escort. September 11, 2015.
- 2015 Dick Goldberg Radio. Podcast: Mental health issues of athletes. November 11, 2015.
- 2017 Morgridge Institute for Research Blue Sky Science Videos. Can a person fully recover from brain injuries sustained while playing sports? February 6, 2017.
- 2017 Morgridge Institute for Research Blue Sky Science Videos. How much does a human brain typically weigh? March 13, 2017.
- 2020 National Public Radio/Wisconsin Public Radio. To the Best of our Knowledge. “Out of the mental illness box.” February 15, 2020.
- 2020 Hainline B, Lee C, **Reardon C**. National Collegiate Athletic Association Social Series: College sports, mental health, and COVID-19. Indianapolis, IN. April 2020.
- 2020 Keep the Flame Alive. Podcast: ADHD in elite athletes. May 2020.
- 2020 Sport and the Growing Good. Podcast: UW’s Dr. Claudia Reardon leads in the “golden age” of mental health for athletes”. May 2020.

- 2020 International Olympic Committee #staystrong Webinar Series. Mental Health. Lausanne, Switzerland. June 2020.
- 2022 National Public Radio/Wisconsin Public Radio. The Larry Meiller Show. "Sports Roundup." March 1, 2022.
- 2022 Wisconsin Public Radio. University of the Air (Norman Gilliland, Producer). "Sports Psychiatry with Claudia Reardon." September 11, 2022.

Other**Medical Students:**

- 2006- University of Wisconsin School of Medicine and Public Health Psychiatry Student Interest Group
Resident Liaison, 2006-2009
Faculty Advisor, 2009-
- 2010- University of Wisconsin School of Medicine and Public Health Medical Student Year End Professional Skills Exam
Clinical Examiner
- 2010-2015 University of Wisconsin School of Medicine and Public Health Medical Student Shapiro Summer Research Program
Department of Psychiatry Shapiro Program Clinical Curriculum Director
Department of Psychiatry Student Research Proposal Reviewer
- 2013-2015 University of Wisconsin School of Medicine and Public Health Women in Medicine chapter
Faculty Advisor
- 2017- University of Wisconsin Hospital and Clinics Student and Resident Quality Improvement Poster Symposium
Lead Physician Poster Competition Judge

SERVICE ACTIVITIES**Departmental**

- 2008-2010 RSVP University of Wisconsin Psychiatry Residency Program Volunteer Organization
- 2008-2009, University of Wisconsin Psychiatry Department Resident Education Committee
2010-2013
- 2009-2015 University of Wisconsin Psychiatry Department Resident Selection Committee
- 2009-2010, University of Wisconsin Psychiatry Department Quality Improvement Committee
2011-2015
Morbidity and Mortality Sub-Committee, 2011-2015
Morbidity and Mortality Seminar Facilitator, 2014
- 2010-2015 University of Wisconsin Psychiatry Department Clinical Educator Track Committee
Co-Chair
- 2010-2015 University of Wisconsin Psychiatry Department Community Psychiatry Track Committee
Chair
- 2010-2013 University of Wisconsin Psychiatry Department Resident Review Committee
- 2011 National Depression Screening Day Community Volunteer. Madison, WI

2012-2015	University of Wisconsin Psychiatry Department Compensation Committee
2013-2014	University of Wisconsin Psychiatry Department Suicide Risk Assessment Committee
2013-2015	University of Wisconsin Psychiatry Department Program Evaluation Committee
2013-2015	University of Wisconsin Psychiatry Department Education Policy Committee
2013-2015	University of Wisconsin Psychiatry Department Clinical Competency Committee <i>Chair, 2014-2015</i>
2015-2016	University Health Services Pre-Doctoral Internship Applicant Review Committee
2015	University Health Services Care Manager Search and Screen Committees <i>Committee Chair, 2015</i>
2015-2016	University Health Services Training Steering Committee
2018-	University of Wisconsin School of Medicine and Public Health Department of Psychiatry Faculty Mentorship Committees, Member of Committees for Drs. Rolando Gonzalez, Stuart Jones, Marc Kalin, Shiri Raphaely, Erick Sheftic (Chair), and Ketty Thertus
2021-2023	University Health Services Staff Psychiatrist Search and Screen Committee
2021-2023	University Health Services Staff Advanced Practice Nurse Prescriber Search and Screen Committee
2022	University Health Services Associate Director of Psychiatry Search and Screen Committee
2022-	University of Wisconsin Department of Psychiatry Clinical Health Sciences Track Promotion Oversight Committee
2022-	University of Wisconsin Department of Psychiatry Quality Improvement Curriculum Champion

UWSMPH/Hospital/Clinic

2002-2006,	MEDiC community clinic volunteer, Madison, WI
2009-2016	<i>Student Volunteer, 2002-2006</i> <i>Student Coordinator, MEDiC Safe Haven Volunteer Psychiatry Clinic, 2003-2004</i> <i>Resident Volunteer Coordinator, MEDiC Safe Haven Volunteer Psychiatry Clinic, 2009-2016</i>
2003-2006	University of Wisconsin School of Medicine and Public Health Student Ethics Committee <i>Education Chair, 2003-2004</i>
2002-2006	University of Wisconsin School of Medicine and Public Health chapter of Women in Medicine <i>President, 2003-2004</i>
2008-	University of Wisconsin "Dinners on UW" volunteer hostess for undergraduate pre-medical students
2009-2015	University of Wisconsin Graduate Medical Education Oversight Committee <i>Curriculum Committee, 2010-2015</i> <i>Global Health Task Force, 2009-2015</i> <i>Residency/Fellowship Internal/Special Reviewer, 2009-2015</i>

- 2010-2013 University of Wisconsin School of Medicine and Public Health “Take Some New Med Students to Dinner” volunteer
- 2010- University of Wisconsin News Media Expert on Sport Psychiatry
- 2011 Meriter HEALTH Program community clinic volunteer. Madison, WI
- 2012 UW Health Behavioral Health eVisit Committee
- 2013 University of Wisconsin School of Medicine and Public Health Curriculum Transformation Committee, Systems-Based Practice Sub-Committee
- 2013-2014 Resident Involvement in UW Health QI Committee
- 2015-2021 University Health Services Sexual Assault/Dating Violence Work Group
- 2016-2022 University of Wisconsin Hospital and Clinics Medical Board Hearing Peer Review Committee
- 2016-2018 University of Wisconsin Hospital and Clinics Resident Quality Improvement Experiential Curriculum Workgroup
- 2016-2018 University of Wisconsin Hospital and Clinics Resident Foundational Curriculum Workgroup
- 2018 Disordered Eating Management Group, UW-Madison Athletic Department
- 2018 Search Committee, Director of Clinical and Sport Psychology, UW-Madison Athletic Department
- 2018 Request for Proposal Committee, Mindfulness Training for UW-Madison Athletic Department
- 2021-2023 University of Wisconsin Department of Pediatrics Faculty Mentorship Committees, Member of Committee for Dr. Emily Ruedinger
- 2021 University Health Services Training Program Work Group
- 2022 University Health Services/University of Wisconsin Athletic Department Mental Health Provider-Athletics Specialist Search and Screen Committee
- 2022 University Health Services Eating Disorder Care Processes Work Group
- 2024- University of Wisconsin Athletics Eating Disorders Care Team

Regional

- 1999- Wisconsin Track Club, Madison, WI
Meet Manager and Clerk of Course of children’s track meets for the Club, 2001-2013
United States Track and Field Certified Official (presiding over track meets), 2007-
- 2017- Wisconsin Science Festival Volunteer
- 2021- Blessed Sacrament School Education Advisory Committee Member
- 2024- Blessed Sacrament School Threat Assessment Team

National/International

- 2011- Journal reviewer:
- 2021- Current Sports Medicine Reports

- 2021- Journal of Patient Safety and Risk Management
- 2020- American Journal of Psychiatry
- 2020- Journal of Sport Behavior
- 2020- The Journal of Integrative Neuroscience
- 2020- Psychology Research and Behavior Management
- 2020- International Journal of Sports Medicine
- 2020- Frontiers in Sports and Active Living
- 2019- BMJ Open Sport & Exercise Medicine
- 2019- International Journal of Environmental Research and Public Health
- 2019- Performance Enhancement & Health
- 2019- British Journal of Sports Medicine
- 2019- Journal of Science and Medicine in Sport
- 2019- Journal of Psychiatry
- 2019- Journal of Psychiatry and Behavioral Sciences
- 2018- Frontiers Psychiatry
- 2018- Journal of Pain Research
- 2018- BMC Psychiatry
- 2018- Annals of Psychiatry
- 2018- International Journal of Sport Psychology
- 2018- Journal of Physiatry and Rehabilitation Studies
- 2018- Journal of Psychology and Neuropsychiatry Studies
- 2018- Neuropsychiatric Disease and Treatment
- 2018- BMC Medical Education
- 2018- Journal of Mental Health and Clinical Psychology
- 2017- Journal of Family Medicine and Community Health
- 2017- Journal of Global Epidemiology and Environmental Health
- 2017- Advances in Medical Education and Practice
- 2017- Anxiety and Depression Journal
- 2017- Annals of Clinical Case Reports
- 2017- PLOS One. Reviewer
- 2017- Annals of Nursing and Practice
- 2017- Jornal Brasileiro de Psiquiatria
- 2017- Journal of Addiction Medicine
- 2016- Journal of Hospitality, Leisure, Sport & Tourism Education
- 2016- The Physician and Sportsmedicine
- 2016- Physiology & Behavior
- 2016- International Review of Psychiatry
- 2016- Annals of Sports Medicine and Research
- 2015- Acta Neuropsychiatrica
- 2015- Journal of Substance Use
- 2015- Journal of General Internal Medicine
- 2014- Sports Medicine
- 2014- American Family Physician
- 2013- Journal of Sports Sciences
- 2012- Neurosciences
- 2012- Journal of Health Care for the Poor and Underserved
- 2010- Current Psychiatry
- 2010- Academic Psychiatry

- 2010 Am Journal of Psychiatry Residents' Journal Issue Editor. January 2010.

- 2012-2020 Editorial Advisory Board, Psychiatric News

- 2018- Advisory Board, The Center for Health and Sport, Western University

- 2019- Co-Program Director, International Olympic Committee Diploma Program on Mental Health in Elite Sport (for clinicians who work with elite athletes)

- 2019- Co-Program Director, International Olympic Committee Certificate Program on Mental Health in Elite Sport (for non-clinician members of the elite athlete entourage who work with elite athletes)
- 2019- National Football League-National Football League Players Association Joint Comprehensive Mental Health and Wellness Committee
- 2019-2020 XFL Professional Football League Medical Advisory Board
- 2019-2021 2021 Collaborative Family Healthcare Association Annual Meeting Planning Committee
- 2020- Advances in Psychiatry and Behavioral Health. Sports Psychiatry Section Editor.
- 2020-2023 Olympic Refugee Foundation (a Foundation of the International Olympic Committee). Think Tank
- 2020- Academic Advisory Board, International Olympic Committee Diploma Program on Sports Medicine (for clinicians who work with elite athletes)
- 2021- International Olympic Committee Advanced Olympic Research Grant Programme Peer Reviewer.
- 2022 International Tennis Federation Mental Health Summit (New York, NY) Scientific Co-Director
- 2022-2023 World Innovation Summit for Health (WISH) Mental Health and Sports Forum Advisory Group
- 2022 American Academy of Pediatrics Pediatrics On Call Podcast. Mental Health for Athletes. July 2022.
- 2022-2023 Fédération internationale de ski (FIS) consensus statement work group on preventative testing and training
- 2023 International opponent for PhD thesis defense of Cecilia Åkesdotter. Psychiatric disorders in Swedish elite athletes. The Swedish School of Sport and Health Sciences. Stockholm, Sweden. February 2023.
- 2023- Editorial Board, Sports Psychiatry-Journal of Sports and Exercise Psychiatry
- 2023-2024 Women's Sports Foundation Expert Review Panel. *The impact of sport on girls' mental health.*